



Title X Family Planning Program

Overview

The Title X Family Planning Program (Title X) was established in 1970 when Congress enacted Title X of the Public Health Service (PHS) Act and is the only domestic federal program dedicated solely to family planning and related preventive health services. It is administered by the Office of Population Affairs (OPA) within the Office of the Assistant Secretary for Health (OASH) in the United States Department of Health and Human Services (HHS) and implemented through competitively awarded grants to a diverse network of public and private nonprofit health and community-based clinics.

With an annual budget of approximately \$286.5 million, Title X providers play a critical role in ensuring access to high-quality, client-centered family planning care for millions of low-income or uninsured individuals.

In order to ensure that all prospective low-income clients are able to access services, there is no charge for services to people with family incomes below 100% of the most recent federal poverty level (FPL) guidelines, and services are discounted on a sliding scale for people with family incomes between 101-250% (e.g., \$30,000 to \$75,000 for a family of four) of the FPL. In 2021, 83% of clients had family incomes at or below 250% of the FPL, and 60% of all clients were entitled to free services with incomes at or below 100% FPL.

Who does the Title X program serve?

Title X is a critical part of America's public health safety net.

Annual Snapshot¹

- 2.8 million clients receive Title X services.
- 27% of Title X clients are uninsured.
- 83% of Title X clients are low-income with family incomes below 250% of the FPL.
- 85% of Title X clients were female, and 55% of all users were younger than 30.

Purpose and Activities

The Title X family planning program is a critical part of America's public health safety net, serving as a point-of-entry into care for more than 195 million over the program's more than 50-year history. Family planning services delivered by Title X recipients include a broad range of medically approved services, which includes all Food and Drug Administration (FDA)-approved contraceptive products and natural family planning methods for clients who want to prevent pregnancy and space births; pregnancy testing and counseling; assistance to achieve pregnancy; basic infertility services; sexually transmitted infection (STI) services; and other preconception health services. Title X services are voluntary, confidential, and provided regardless of one's ability to pay. For many clients, Title X clinics are their only ongoing source of healthcare and health education.

Title X services are guided by the requirements of the [Title X statute, regulations, and legislative mandates](#) and Title X program priorities. Title X projects must ensure that services are provided in a manner that is client-centered, culturally and linguistically appropriate, inclusive, and trauma-informed; protects the dignity of the individual; and ensures quality service delivery consistent with nationally recognized standards of care.

Quality healthcare is safe, effective, client-centered, timely, and efficient. Client-centered care is respectful of, and responsive to, individual client preferences, needs, and values and where client values guide all clinical decisions.

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Training and Technical Assistance

The Reproductive Health National Training Center ([RHNTC](#)) provides resources, materials, and educational opportunities to ensure Title X grantees have the knowledge, skills, and attitudes necessary to deliver high-quality services and programs.

The Clinical Training Center for Sexual and Reproductive Health ([CTC-SRH](#)) provides training and technical assistance for clinical services providers who provide Title X family planning services.

Title X Clinic Locator

Title X-funded screenings and preventive services help protect, promote, and maintain the health and well-being of clients. To help people find services in their area, you can direct them to the [Family Planning Clinic Locator](#). They can type in a ZIP Code or city into the search bar and the Family Planning Clinic Locator will pull up clinics within a 50-mile radius. Now users can also search for “telehealth” and “mobile clinic” locations to receive family planning services.



Title X Information and Resources

- About Title X: <https://opa.hhs.gov/grant-programs/title-x-service-grants/about-title-x-service-grants>
- Title X Program Expectations: <https://www.opa.hhs.gov/grant-programs/title-x-service-grants/about-title-x-service-grants/title-x-program-expectations>
- Title X Program Handbook: <https://opa.hhs.gov/sites/default/files/2025-03/title-x-program-handbook-dec-2024.pdf>
- Current Title X-funded family planning grantees, subrecipients, and clinics: <https://opa.hhs.gov/grant-programs/title-x-service-grants/current-title-x-service-grantees>
- The Family Planning Annual Report, which describes characteristics of the populations served by Title X projects, utilization of services offered, composition of revenues, and program impacts: <https://opa.hhs.gov/research-evaluation/title-x-services-research/family-planning-annual-report-fpar>

Reference

1 Killewald, P., Leith, W, Paxton, N., et al. (2024, September). Family Planning Annual Report: 2023 National Summary. Washington, DC: Office of Population Affairs, Office of the Assistant Secretary for Health, Department of Health and Human Services.

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