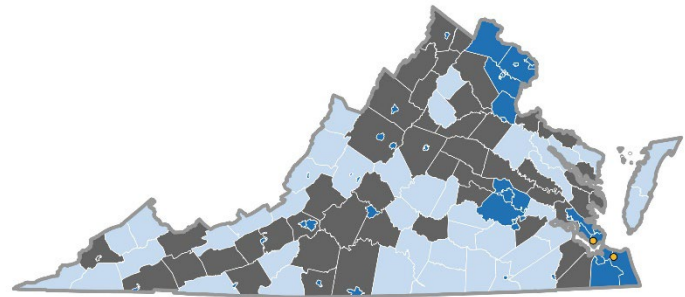


Virginia League for Planned Parenthood

Virginia League for Planned Parenthood (VLPP) is a nonprofit organization providing services to about 10 percent of the Commonwealth's land area. VLPP delivers Title X services to three health centers in the cities of Hampton, Virginia Beach, and Richmond.¹

Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 15,131
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 5,106 (54%); all FP users with incomes below 250% of FPL – 8,438 (89%)
- ▶ Number of tests performed for gonorrhea – 968, syphilis – 706, and HIV – 715
- ▶ Number of female users who received a chlamydia test – 704 or a Pap test – 29







• Clinic locations

Pop. per sq. mi. Less than 60
 60 - 499
 500 or more

Overview of Services Offered

As a Title X recipient, VLPP provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the VLPP network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ● FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ● STI and HIV treatment ○ STI self-testing ● Expedited partner therapy ● PrEP counseling and risk assessment ● PrEP prescription services ● PEP counseling ● PEP prescription services 	<ul style="list-style-type: none"> ○ Screening for breast cancer ● Screening for cervical cancer ● HPV vaccinations ● Screening for intimate partner violence ● Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
<p>LEGEND</p> <ul style="list-style-type: none"> ● Available at all service sites ○ Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Innovations in Practice



VLPP offers individualized family counseling that involves clinical staff tailoring their instructions to help clients find and learn how to use the best method for them. VLPP also prepares them with information about how to switch or discontinue methods. The client can articulate what is important to them and how their desired method of family planning can fit into their lifestyle. This practice matches the client's own lived experience with the expertise of clinical staff about family planning methods.

Did You Know?



VLPP maintains a social media presence on several social networking platforms, using them to share information about the health centers and the available services and to connect clients with community resources.



VLPP uses a systematic approach to monitor, assess and improve the quality of care provided to clients through its patient services department and all other departments. The grantee relies on a compliance manager in partnership with a staff committee to lead the risk monitoring and quality improvement (CQRM) effort. For example, the compliance manager monitors alignment with the required clinical protocols, engages staff in all departments and health centers in continuous quality improvement activities, and maintains the VLPP quality improvement and risk monitoring annual plan. The compliance manager also convenes a quarterly CQRM committee meeting involving senior staff of all departments and patient services staff.



VLPP has found establishing and maintaining partnerships benefits clients, and collaborates with a broad coalition of schools, organizations, parents, elected officials, and policymakers to encourage and promote strong families and communities. For example, through its education team, VLPP partners with a wide array of schools, community organizations, local advocacy groups, and faith-based organizations to encourage and promote strong families and communities. The education team designs and leads engaging programming focused on empowering individuals to lead healthy lives across their life course. Past programs have focused on promoting healthy relationships, avoiding unplanned pregnancies, and preventing sexually transmitted infections. The education team is made up of friendly, professional health educators who serve as ambassadors for VLPP across its service area and fill a critical need for accurate, nonjudgmental sexual and reproductive health education.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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Website: <https://www.plannedparenthood.org/planned-parenthood-virginia-league>