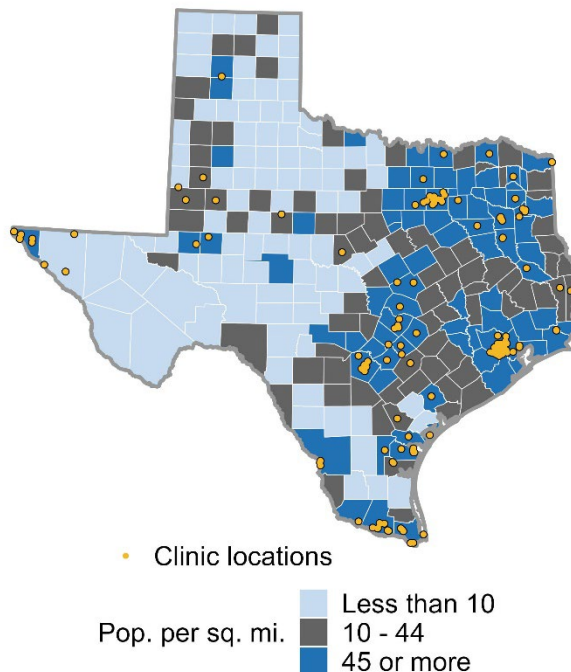


Every Body Texas

Every Body Texas (EBTX), previously known as the Women’s Health and Family Planning Association of Texas, is a nonprofit organization that has been a Title X grant recipient since the mid-2000s. It delivers services through subrecipient agencies including federally qualified health centers (FQHCs), freestanding family planning (FP) clinics, and departments of health. The EBTX network serves approximately 190,000 people across the state of Texas each year.¹





Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 290,486
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 135,684 (73%); all FP users with incomes below 250% of FPL – 165,320 (89%)
- ▶ Number of tests performed for gonorrhea – 91,081, syphilis – 49,670, and HIV – 58,436
- ▶ Number of female users who received a chlamydia test – 66,985 or a Pap test – 39,527



Overview of Services Offered

As a Title X recipient, EBTX provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the EBTX network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ● FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ● STI and HIV treatment ○ STI self-testing ● Expedited partner therapy ● PrEP counseling and risk assessment ● PrEP prescription services ● PEP counseling ● PEP prescription services 	<ul style="list-style-type: none"> ● Screening for breast cancer ● Screening for cervical cancer ● HPV vaccinations ● Screening for intimate partner violence ● Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
LEGEND <ul style="list-style-type: none"> ● Available at all service sites ● Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Innovations in Practice



The grantee instituted communities of practice (CoPs) to facilitate support and learning among subrecipients. After a period of relative isolation resulting from the COVID-19 pandemic, providers were excited to connect with one another and share experiences through these CoPs. Each CoP lasts about three months and focuses on a specific topic. In 2023, a CoP focused on provision of emergency contraception (EC), offering providers a space to share strategies for making EC accessible to clients—including advance provision of EC. Future CoPs may focus on workforce issues, including responding to an expressed need for human-centered leadership within the EBTX network.

Did You Know?



The grantee partnered with the Texas Policy Evaluation Project (TxPEP), a University of Texas–based research group, to develop an abbreviated social vulnerability index (SVI) modeled on the Centers for Disease Control and Prevention's SVI. The index includes all factors influencing access to family planning, including poverty status, unemployment, high school diploma, insurance status, English fluency, race status, and access to a vehicle. EBTX is using this SVI scale to develop a disparity impact statement that identifies areas of the state with significant health inequities. This will guide its efforts to address health inequities in Texas, and has informed EBTX's plans to develop a model clinic in an area of high need in the state of Texas. The model clinic will operate as a Title X service site and a center of excellence for training clinicians, administrators, and other clinic staff across the network.



The grantee is interested in understanding and adapting measures of success that go beyond traditional approaches of counting the numbers of unplanned pregnancies that programming might have averted. The goal is to better understand, measure, and evaluate EBTX programming with a person-centered lens to ensure each client receives the services they want and need, and that all clients are listened to and treated with dignity.



EBTX developed an interactive subrecipient portal to streamline programmatic, clinical, and financial monitoring activities. The portal enables each clinic to view their data on a dashboard in real time. Although the portal was time-consuming to develop, it is now proving to be a time-saving measure as a single go-to place for all financial and compliance information. Implementing this system has made it easier for EBTX and subrecipients to collaborate, reducing administrative burden on EBTX staff so they can dedicate more time to technical assistance and quality assurance.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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