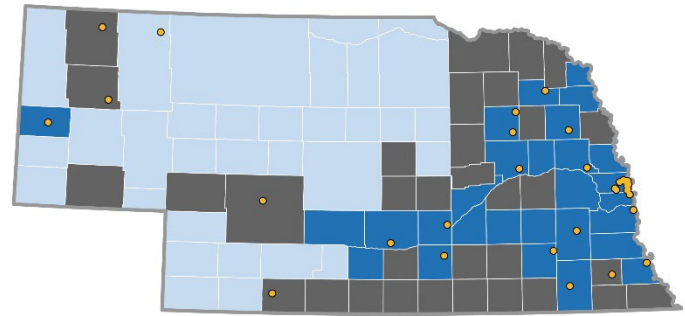


Family Planning Council of Nebraska dba Nebraska Family Planning

The Family Planning Council of Nebraska (NEFP) is a nonprofit organization that has been a Title X recipient since the 1970s. NEFP offers Title X services to approximately 20,000 clients across the state through a network of subrecipients and service sites including federally qualified health centers (FQHCs), hospital-based agencies, public health departments, and stand-alone agencies.¹

Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 33,083
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 10,509 (54%); all FP users with incomes below 250% of FPL – 16,183 (83%)
- ▶ Number of tests performed for gonorrhea – 17,034, syphilis – 3,722, and HIV – 6,204
- ▶ Number of female users who received a chlamydia test – 9,106 or a Pap test – 6,048



• Clinic locations

Pop. per sq. mi. Less than 5
 5 - 14
 15 or more

Overview of Services Offered

As a Title X recipient, the NEFP provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the NEFP network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

Pregnancy assistance and counseling	Contraceptive services	STI services	Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ● FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ● STI and HIV treatment ◐ STI self-testing ◐ Expedited partner therapy ◐ PrEP counseling and risk assessment ● PrEP prescription services ● PEP counseling ● PEP prescription services 	<ul style="list-style-type: none"> ● Screening for breast cancer ◐ Screening for cervical cancer ● HPV vaccinations ● Screening for intimate partner violence ◐ Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
<p>LEGEND</p> <ul style="list-style-type: none"> ● Available at all service sites ◐ Available at service sites and through referrals ◌ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Innovations in Practice



NEFP is committed to providing high-quality adolescent-friendly services to teens. For example, service sites across the state have updated their waiting rooms to create a safe, comfortable spaces for teens. These teen-friendly waiting rooms include updated décor, charging stations, and a coffee and refreshment station to encourage teens to stop by the clinic before or after school. One service site added a condom closet—where teens can pick up free condoms or lube—to its waiting room. In addition, a service site in Omaha has set up a dedicated cell phone line teens can use to text questions about sexual and reproductive health. A bilingual, Omaha-based health educator answers the texts.

Did You Know?



NEFP has offered Title X pop-up clinics in small towns across Nebraska that are facing provider shortages. NEFP partnered with community colleges to offer these clinics as a way to address barriers college students face in accessing care. The community college pop-up clinics are typically held once a month and have created opportunities for Title X service providers to build relationships with students in these communities. In addition, to expand its reach to the broader community, NEFP has formed partnerships with local health departments to offer pop-up clinics.



NEFP created a client advisory council (CAC) that includes a small group of current and former clients who represent the communities NEFP serves, including clients from the Latino/a community and the diverse refugee community. The CAC reviews education materials, ensures program materials are translated for clients who speak languages other than English. The CAC also evaluates and provides feedback on service delivery overall. For example, one CAC member said their experience receiving information about long-acting reversible contraception (LARC) methods could be improved. They said providing a model of the LARC method they were considering would have improved their experience and addressed their concerns. NEFP shared this information with service sites to improve how sites provide information to clients about LARCs and other contraceptive methods.



Making data accessible and user friendly is an NEFP priority. NEFP has created user-friendly dashboards for all service areas. These dashboards include data from the last five years, and NEFP staff use them to identify trends across service areas and regions across the state. The dashboards include data elements from the Family Planning Annual Report (FPAR) 1.0 and 2.0 and have informed a variety of activities, such as identifying locations for pop-up clinics or communities where NEFP might need to build partnerships to reach certain populations. The data included in the dashboards have also informed training efforts. For example, based on dashboard data, NEFP held additional opt-out STI trainings for staff across the state.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

Grant number: FPHPA006563

Website: <https://nefamilyplanning.org/>