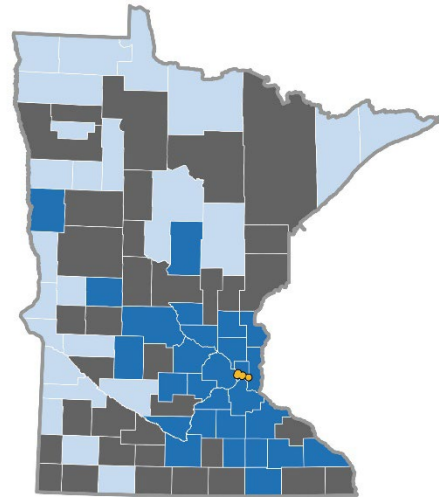


# Ramsey County Public Health Clinic 555

Ramsey County Public Health Clinic 555 is a local health department that has been a Title X grant recipient since the early 1970s. It delivers services to approximately 4,000 clients through seven direct service sites encompassing the local health department, correctional facilities, a university, and a mobile medical unit. Ramsey delivers services in the East Metro area of the Twin Cities, portions of St. Croix, and Pierce counties in rural western Wisconsin.<sup>1</sup>

## Stats at a Glance<sup>2</sup>

- ▶ Number of family planning (FP) encounters – 4,577
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 2,032 (69%); all FP users with incomes below 250% of FPL – 2,570 (87%)
- ▶ Number of tests performed for gonorrhea – 2,990, syphilis – 2,094, and HIV – 2,459
- ▶ Number of female users who received a chlamydia test – 943 or a Pap test – 171



• Clinic locations

Pop. per sq. mi.  Less than 15  
 15 - 44  
 45 or more

## Overview of Services Offered

As a Title X recipient, Ramsey County Public Health Clinic 555 provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.<sup>3</sup> The infographic below is an Overview of Services Offered within the Ramsey County Public Health Clinic 555 network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).



**Pregnancy assistance and counseling**

- Counseling on achieving pregnancy
- ◐ Preconception health services
- Pregnancy testing and counseling
- ◐ Basic infertility services



**Contraceptive services**

- FDA approved long-acting contraceptives
- FDA approved short-acting contraceptives
- Natural family planning methods



**STI services**

- STI and HIV education and counseling
- STI and HIV screening and testing
- STI and HIV treatment
- STI self-testing
- Expedited partner therapy
- PrEP counseling and risk assessment
- PrEP prescription services
- PEP counseling
- PEP prescription services



**Other preventative health services**

- Screening for breast cancer
- Screening for cervical cancer
- ◐ HPV vaccinations
- Screening for intimate partner violence
- Screening for mental health
- ◐ Screening for obesity
- Screening for smoking, drug, and alcohol use
- Adolescent-friendly health services

**LEGEND**

- Available at all service sites
- ◐ Available at service sites and through referrals
- Available through referral only

<sup>1</sup> Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

<sup>2</sup> Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

<sup>3</sup> See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

## Innovations in Practice



To improve access to services, Ramsey County Public Health Clinic 555 has a well-established outreach team that participates in community events, such as Pride festivals, HIV walks, and local health fairs. As part of this outreach, the grantee is working to expand its client base to more diverse populations. For example, the clinic has partnered with a community organization in its service area that conducted interviews with community members about their attitudes and beliefs about sexual and reproductive health (SRH) services. Additionally, a community organization serving homeless youth (and youth at risk of homelessness) recently joined the public health department's Trusted Messenger Initiative. Ramsey County Public Health Clinic 555 will be partnering with the organization to help increase its outreach to these youth.

## Did You Know?



To improve access to SRH and FP services among people who are medically underserved, Ramsey County Public Health Clinic 555 provides SRH care at correctional facilities, including juvenile detention centers. The services are delivered by a public health nurse who cares for clients in a medical mobile unit. The program uses an opt-out model, in which prospective clients at the correctional facilities and juvenile detention centers receive services by default. This approach helps deliver care to prospective clients who may be unaware of the SRH and family planning services available to them.



To improve quality care in the communities the grantee serves, the grantee has set up a racial equity community response team. Among many initiatives, this team engages the community in the Clinic's hiring practices. For example, to support hiring Clinic staff who are representative of the communities they serve, the grantee requires their hiring committees to have at least one person of color and one person from the community on their interview panels. Ramsey County has also developed questions on its hiring application related to health equity and lived experiences, with the goals of providing more equitable and client-centered care.



Ramsey County Public Health Clinic 555 has a performance improvement leadership team that regularly reviews service delivery data, compares metrics to state-level trends, and develop quality improvement projects. Given that the Clinic's STI and HIV services are all delivered in house, the grantee closely tracks metrics related to screening, treatment, and follow-up to assess performance and inform areas for improvement.

## About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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Website: <https://www.ramseycounty.us/residents/health-medical/clinics-services/sexual-reproductive-health>