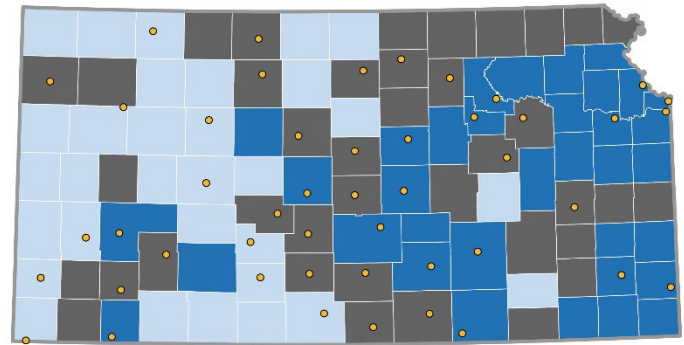


Kansas Department of Health and Environment

The Kansas Department of Health and Environment (KDHE) is a state health department that has been a statewide Title X grant recipient since the 1970s. KDHE delivers services to approximately 21,000 clients through subrecipients operating in service sites across Kansas.¹

Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 24,432
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 7,275 (55%); all FP users with incomes below 250% of FPL – 11,419 (87%)
- ▶ Number of tests performed for gonorrhea – 7,416, syphilis – 4,698, and HIV – 4,682
- ▶ Number of female users who received a chlamydia test – 5,256 or a Pap test – 2,780



• Clinic locations

Pop. per sq. mi. ■ Less than 5
 ■ 5 - 19
 ■ 20 or more

Overview of Services Offered

As a Title X recipient, KDHE provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the KDHE network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

Pregnancy assistance and counseling	Contraceptive services	STI services	Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ◐ FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ◐ STI and HIV treatment ◐ STI self-testing ◐ Expedited partner therapy ◐ PrEP counseling and risk assessment ◐ PrEP prescription services ◐ PEP counseling ◐ PEP prescription services 	<ul style="list-style-type: none"> ● Screening for breast cancer ◐ Screening for cervical cancer ◐ HPV vaccinations ● Screening for intimate partner violence ● Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
LEGEND <ul style="list-style-type: none"> ● Available at all service sites ◐ Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Innovations in Practice



To better serve its rural populations, KDHE has invested in mobile service delivery units. These units will be equipped to provide basic health exams, breast exams, STI and pregnancy testing, and in some mobile units, Pap smears. The mobile units will be stationed in locations that are most accessible to rural populations. This will often include Walmarts that are centrally located, heavily used, important service centers for many rural areas. This initiative will serve clients who might otherwise not receive services due to transportation limitations.

Did You Know?



KDHE and its subrecipients engage in creative and community-oriented outreach. One service delivery site has developed a close relationship with a local LGBTQIA+ college fraternity. Not only did STI testing numbers increase, but this fraternity now uses the subrecipient for annual STI testing. Another subrecipient has partnered with local bars and restaurants to leave informational fliers on how to get STI testing and family planning services in their restrooms, which has led to an increase in the number of people getting tested at Title X clinics in those localities.



KDHE uses a data collection system that is updated monthly with visit information and demographic data. In 2023, the grantee plans to use the aggregated data in this system to conduct a needs assessment to establish what emerging family planning and sexual health trends are in Kansas. KDHE will use these data to identify areas where services can improve to meet emerging needs of clients and any training or technical assistance needs across its network. KDHE is well positioned to support these quality improvement efforts; it has a robust training plan that is updated frequently, and trainings are presented primarily via webinar. This allows the grantee to better serve rural providers because trainings are recorded so they can watch them at a convenient time. Technical assistance is provided to any site in need, with an on-call nursing consultant available to provide support. On-site nursing consultants ensure that each subrecipient is providing services that adhere to the best practices established by the Centers for Disease Control and Prevention, the American College of Obstetricians and Gynecologists, and the Quality Family Planning guidelines.



KDHE employs public health nurses who visit each part of the state annually to explain available Title X services. These annual tours have helped local health departments engage with the Title X program and improve collaboration between departments. Some Title X subrecipients have also developed an academic partnership with a local college's public health program to provide medical students with on-site training opportunities and experience with family planning services.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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