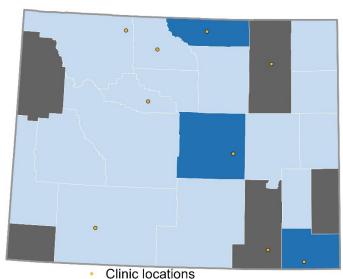
Wyoming Health Council

Wyoming Health Council (WHC) is a non-profit organization that has been a statewide Title X grant recipient since the 1990s. They provide funding to clinics that deliver services to approximately 6,000 clients annually through subrecipients partner agencies which include health departments and free-standing family planning clinics.¹

Stats at a Glance²

- Number of family planning (FP) encounters 8.936
- FP users with incomes below 100% Federal Poverty Level (FPL) 1,603 (34%); all FP users with incomes below 250% of FPL 2,674 (57%)
- Number of tests performed for gonorrhea 4,538, syphilis 1,156, and HIV 1,724
- Number of female users who received a chlamydia test – 1,819 or a Pap test – 853



Pop. per sq. mi. Less than 5 5 - 9 10 or more

Overview of Services Offered

As a Title X recipient, WHC provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the Wyoming Health Council network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the OPA clinic locator.



Pregnancy assistance and counseling

- Counseling on achieving pregnancy
- Preconception health services
- Pregnancy testing and counseling
- Basic infertility services



Contraceptive services

- FDA approved longacting contraceptives
- FDA approved shortacting contraceptives
- Natural family planning methods



STI services

- STI and HIV education and counseling
- STI and HIV screening and testing
- STI and HIV treatment
- STI self-testing
- Expedited partner therapy
- PrEP counseling and risk assessment
- PrEP prescription services
- PEP counseling
- PEP prescription services



Other preventative health services

- Screening for breast cancer
- Screening for cervical cancer
- HPV vaccinations
- Screening for intimate partner violence
- Screening for mental health
- Screening for obesity
- Screening for smoking, drug, and alcohol use
- Adolescent-friendly health services

LEGEND

- Available at all service sites
- Available at service sites and through referrals
- Available through referral only

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): 2022 National Summary.

³ See the Title X Service Grants web page for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



WHC is committed to providing equitable, high-quality services for LGBTQIA+ individuals by using strategic partnerships, offering and expanding gender-affirming care services, and monitoring survey data on client satisfaction. Partners include a variety of equality and pride organizations that help the grantee better identify the needs and barriers LGBTQIA+ individuals are facing. WHC also makes the most of community events to hear directly from LGBTQIA+ individuals. For example, during a 2021 Pride gathering, staff provided a survey to participants asking what services they would like Title X clinics to provide to LGBTQIA+ clients, and shared the findings with subrecipients. Looking ahead, WHC is exploring ways to better serve the transgender population in the state.

Innovations in Practice



WHC has a dedicated education and outreach coordinator who focuses on education and outreach to youth. Because the grantee has limited access to schools as a forum for directly providing information to youth, it partnered with a local health department nurse to prepare a series of online webinars via social media to educate the public on human sexuality and gender. To spread the word about reproductive and sexual health care resources in Wyoming, WHC uses social media, advertises in movie theaters and four online newspapers, and does outreach with other networks geared toward people ages 18–34. The education and outreach coordinator also creates a monthly newsletter that includes relevant news stories, educational articles and videos related to sexual health and STIs, and information on clinics and services throughout Wyoming. The newsletters are available on the WHC website and distributed to a mailing list.

Did You Know?



WHC wants to better understand how Title X clinics are meeting the needs of people with disabilities and address any barriers they have accessing care. To meet this goal, the grantee is partnering with the Wyoming Institute for Disabilities in the University of Wyoming to develop a needs assessment to address how family planning clinics can best serve that population. WHC has also hosted presentations and held a workshop with community members and caregivers to help identify the needs and barriers faced by people with disabilities.



WHC does not have dedicated staff to focus on data analysis and evaluation, but its dedication to assessing the needs of clients is critical to providing quality services. For example, WHC receives a community outreach report from service sites on a monthly basis. These reports include how many presentations happened in each community, who was served, and how many meetings were attended. WHC uses these reports as a tool to track service sites' community referral networks. It also initiated an electronic client satisfaction survey at all service sites, in English and Spanish, and shares the results with subrecipients to help address issues with client satisfaction quickly and have them work with WHC staff on implementing larger changes if needed.



Through an innovative partnership with the communicable disease unit in the Wyoming Department of Health, Title X clinics in Wyoming help reduce barriers for people seeking STI testing and services. Title X clinics do most of the testing in the state because public health offices in the state are not required to provide these services. Title X clinics are part of the communicable disease unit's KnoWyo voucher program, which helps cover STI/HIV testing costs for clients and ultimately brings in extra revenue to clinics.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's website.

Grant number: FPHPA006541 Web: https://www.wyhc.org/

