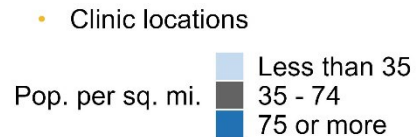
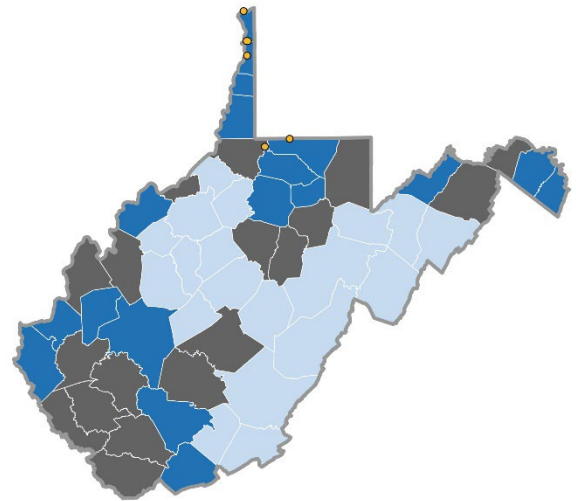


Adagio Health, Inc.

Adagio Health, Inc. is a nonprofit organization that has been a Title X grant recipient in the state of West Virginia since 2018. Adagio delivers services to approximately 2,800 clients through federally qualified health centers (FQHCs) and school-based health centers across the northwest region of West Virginia.¹

Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 3,853
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 1,318 (46%); all FP users with incomes below 250% of FPL – 2,642 (93%)
- ▶ Number of tests performed for gonorrhea – 1,689, syphilis – 103, and HIV – 119
- ▶ Number of female users who received a chlamydia test – 783 or a Pap test – 1,124



Overview of Services Offered

As a Title X recipient, Adagio Health, Inc. (West Virginia) provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the Adagio Health, Inc. West Virginia network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).



Pregnancy assistance and counseling

- Counseling on achieving pregnancy
- Preconception health services
- Pregnancy testing and counseling
- Basic infertility services



Contraceptive services

- FDA approved long-acting contraceptives
- FDA approved short-acting contraceptives
- ◐ Natural family planning methods



STI services

- STI and HIV education and counseling
- STI and HIV screening and testing
- ◐ STI and HIV treatment
- STI self-testing
- Expedited partner therapy
- PrEP counseling and risk assessment
- PrEP prescription services
- PEP counseling
- PEP prescription services



Other preventative health services

- Screening for breast cancer
- Screening for cervical cancer
- HPV vaccinations
- Screening for intimate partner violence
- Screening for mental health
- Screening for obesity
- Screening for smoking, drug, and alcohol use
- Adolescent-friendly health services

LEGEND

- Available at all service sites
- ◐ Available at service sites and through referrals
- Available through referral only

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



An Adagio Health, Inc. subrecipient operates a fully outfitted mobile health unit that has expanded access to sexual and reproductive health (SRH) services for West Virginia's communities, including college students. The mobile health unit is a clinic on wheels equipped for HIV/STI screenings and distribution of contraception, including long-acting reversible contraceptives. The unit travels to community events and university and college campuses. For example, Adagio works closely with the director of the campus health center to promote the mobile unit's services to students. Students can obtain medical paperwork at the school's health center ahead of their mobile health clinic appointment. This way they can complete the required medical paperwork before their appointment. The mobile health unit helps ensure that Adagio Health's services meet the needs of students and other community members who might otherwise face significant barriers to SRH care.

Innovations in Practice



Adolescents are a priority population for Adagio Health, Inc. Using two strategies, Adagio Health has improved teens' access to Title X services: successfully integrated Title X services into primary care, and conducted outreach. First, Adagio works with subrecipients to ensure Title X services fall under their scope of primary care services across the Title X network, making primary care visits a key entry point for adolescents to receive SRH services. Because primary care providers are required to see clients alone for a brief period of time, providers can ask adolescents SRH-related questions in private. Second, the grantee regularly engages in digital marketing for adolescents. For example, Adagio uses paid digital marketing to focus on specific zip codes and age groups. Marketing highlights the importance of preventing unplanned pregnancy and STIs, planning for college, and other topics. Data show that this outreach reaches many adolescents in West Virginia, demonstrating the promise of digital tools in promoting access to SRH services.

Did You Know?



To meet the needs of clients who face barriers to transportation, Adagio Health, Inc. launched an initiative that offered \$10 gas cards to clients who needed them. Clients would receive the gas cards when they visited any Title X clinic. In addition, some subrecipients offer transportation assistance as part of their routine operations. These strategies have helped alleviate transportation challenges that disproportionately affect individuals in rural and remote areas.



Adagio Health, Inc. has worked to ensure that its network of Title X providers in West Virginia has the resources and supports necessary to provide client-centered quality care. In addition to conducting formal program reviews, a health network manager uses regular, informal check-ins with providers to share information about providers' service delivery and support them as they work to improve the quality of services. Adagio also shares monthly reports with providers using visual dashboards, which providers can use to monitor data without adding any burden to busy subrecipients. This collaborative and tailored approach to continuous quality improvement fosters a culture that is supportive and relationship based while promoting wider data ownership.



Adagio Health's partnership with a local coalition of health and social service providers yielded valuable lessons about partner engagement. As Adagio built relationships with community providers, these providers referred their clients to Adagio Health's network and contacted them to collaborate on health events. For example, domestic violence service providers joined the grantee's mobile health unit and offered their services in community events alongside Title X staff. From this experience, Adagio Health learned the importance of taking the time and effort to build trust with diverse community providers, especially in close-knit communities where trust must be earned. These partnerships offer key opportunities to integrate Title X and other health and social services and broaden the reach and impact of Title X services.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's website.

Grant number: FPHPA006581

Website: <https://www.adagiohealth.org/>