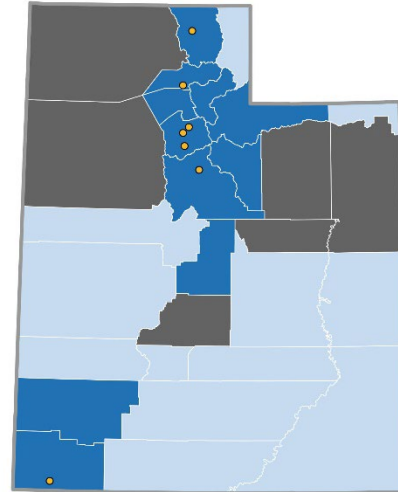


# Planned Parenthood Association of Utah

Planned Parenthood Association of Utah (PPAU) is a nonprofit organization that has been a statewide Title X grant recipient since the early 1970s. It delivers services to approximately 35,000 persons through its subrecipients, which are seven freestanding family planning clinics across Utah.<sup>1</sup>



• Clinic locations







## Stats at a Glance<sup>2</sup>

- ▶ Number of family planning (FP) encounters – 22,571
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 7,965 (42%); all FP users with incomes below 250% of FPL – 14,901 (78%)
- ▶ Number of tests performed for gonorrhea – 11,560, syphilis – 520, and HIV – 2,817
- ▶ Number of female users who received a chlamydia test – 7,112 or a Pap test – 810

## Overview of Services Offered

As a Title X recipient, PPAU provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.<sup>3</sup> The infographic below is an Overview of Services Offered within the PPAU network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> <li>● Counseling on achieving pregnancy</li> <li>● Preconception health services</li> <li>● Pregnancy testing and counseling</li> <li>● Basic infertility services</li> </ul>	<ul style="list-style-type: none"> <li>● FDA approved long-acting contraceptives</li> <li>● FDA approved short-acting contraceptives</li> <li>● Natural family planning methods</li> </ul>	<ul style="list-style-type: none"> <li>● STI and HIV education and counseling</li> <li>● STI and HIV screening and testing</li> <li>● STI and HIV treatment</li> <li>○ STI self-testing</li> <li>● Expedited partner therapy</li> <li>○ PrEP counseling and risk assessment</li> <li>○ PrEP prescription services</li> <li>○ PEP counseling</li> <li>○ PEP prescription services</li> </ul>	<ul style="list-style-type: none"> <li>● Screening for breast cancer</li> <li>● Screening for cervical cancer</li> <li>● HPV vaccinations</li> <li>● Screening for intimate partner violence</li> <li>● Screening for mental health</li> <li>● Screening for obesity</li> <li>● Screening for smoking, drug, and alcohol use</li> <li>● Adolescent-friendly health services</li> </ul>
<p><b>LEGEND</b></p> <ul style="list-style-type: none"> <li>● Available at all service sites</li> <li>◐ Available at service sites and through referrals</li> <li>○ Available through referral only</li> </ul>			

<sup>1</sup> Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

<sup>2</sup> Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

<sup>3</sup> See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

## Equity in Practice



PPAU prioritizes providing equitable, confidential, and coercion-free sexual and reproductive health (SRH) services. To increase access to services for clients with limited English proficiency, the majority of clinic staff are bilingual, allowing them to deliver care to Spanish-speaking clients. PPAU has worked with community organizations to hold group classes in Spanish about contraception options. Class attendees receive referrals to PPAU clinics for in-person appointments and telehealth visits for contraceptive counseling. The grantee can then dispense birth control through the mail.

## Innovations in Practice



PPAU has a long-standing relationship with the University of Utah, collaborating on research studies related to SRH service delivery and the Title X program. The study topics range from understanding client experiences with PPAU's clinic services to improving data quality in its electronic medical systems. PPAU also co-runs a medical fellowship program for clinicians providing SRH services, and provides technical assistance on data reporting requirements to Title X and other SRH-related grant programs.

## Did You Know?



PPAU works with Utah 211, a free and confidential 24-hour hotline that provides information to callers about a range of community resources in the state, including housing and shelter, food, and health care clinics such as PPAU that provide SRH services. PPAU receives referrals from Utah 211 and has provided 211 callers with birth control, pregnancy testing, STI testing, and Pap smears.



PPAU provides extensive technical assistance to clinic staff on insurance billing to help ensure SRH services delivered to clients at PPAU clinics are billed appropriately and affordable. PPAU staff conduct in-person trainings at clinic sites and have developed resources such as reference sheets for clinic staff to use when checking out clients after appointments or processing insurance bills and other administrative paperwork. They train clinic staff to educate clients about their health insurance coverage to help ensure they are informed of their coverage benefits, deductibles, and any potential out-of-pocket costs to their care.



PPAU has extensive partnerships with several entities in the state, including the Association for Utah Community Health (AUCH), organizations in Park City, which has a large migrant population, and in major metropolitan areas such as Salt Lake City. AUCH has an extensive membership network of federally qualified health centers (FQHCs) throughout the state and helps connect clients receiving primary care at FQHCs to SRH services at PPAU. PPAU also partners with community organizations, public libraries, and hospitals in Park City and Salt Lake City to provide contraceptive counseling, education on adolescent health, and information on how to access SRH services provided by PPAU.

## About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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