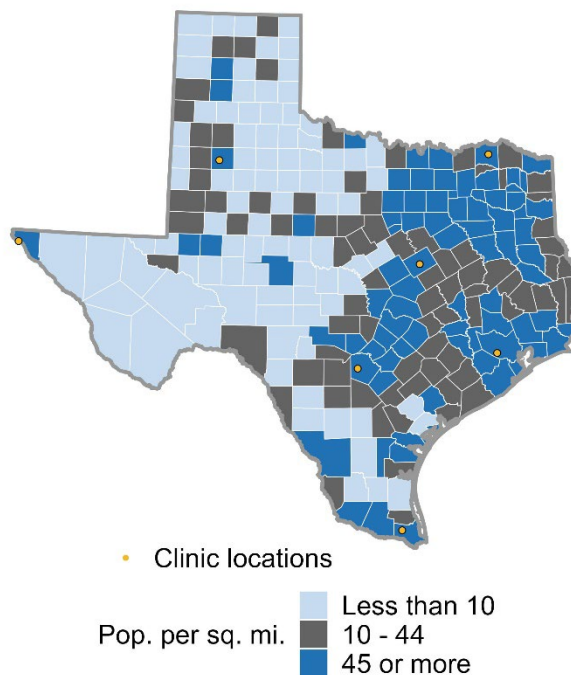


Planned Parenthood of Greater Texas Family Planning and Preventative Health Services

Planned Parenthood of Greater Texas (PPGT) leads a statewide network of Title X-funded Planned Parenthood health centers operating collectively as Planned Parenthood of Texas (PPTX). The PPTX network includes PPGT health centers as well as health centers belonging to the subrecipients Planned Parenthood Gulf Coast and Planned Parenthood South Texas. All three organizations have provided FP services in Texas since the 1930s.¹





Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 13,404
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 5,198 (51%); all FP users with incomes below 250% of FPL – 7,823 (77%)
- ▶ Number of tests performed for gonorrhea – 5,678, syphilis – 3,163, and HIV – 3,156
- ▶ Number of female users who received a chlamydia test – 4,032 or a Pap test – 489



Overview of Services Offered

As a Title X recipient, PPTX provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the PPTX network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ● FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ● STI and HIV treatment ● STI self-testing ● Expedited partner therapy ● PrEP counseling and risk assessment ● PrEP prescription services ● PEP counseling ● PEP prescription services 	<ul style="list-style-type: none"> ● Screening for breast cancer ● Screening for cervical cancer ● HPV vaccinations ● Screening for intimate partner violence ● Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
LEGEND <ul style="list-style-type: none"> ● Available at all service sites ◐ Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



PPTX's focus on advancing health equity includes efforts to expand high-quality services for LGBTQIA+ clients. All staff receive training on providing care for LGBTQIA+ clients, including the use of inclusive language. Clinicians provide culturally appropriate safer-sex counseling and offer pre-exposure prophylaxis (PrEP) to prevent HIV. In addition, some PPTX health centers have added gender-affirming hormone therapy to the range of services they offer. PPTX hopes to expand this therapy to more health centers in the future to meet the high demand for these services.

Innovations in Practice



The PPTX network uses an innovative approach to service delivery that allows for expanded telehealth services while preserving in-person care for those who prefer it. PPTX has found that telehealth improves access and quality of care for some clients, including those living in border communities who might need to cross an immigration checkpoint to reach a clinic and LGBTQIA+ clients who may prefer to discuss health topics from a safe location of their choosing. However, after launching telehealth services at all clinic sites in early 2020, PPTX learned that some clients—particularly those in rural areas—preferred in-person visits. In response, PPTX consolidated telehealth at one central location. This strategy allows in-person services to continue at health centers without telehealth disrupting clinic flow, while still providing access to virtual visits to clients located across the state. It has proven to be both cost-effective and client-centered as it allows clients to receive the kind of care that meets their individual needs.

Did You Know?



The PPTX network specifically addresses geographic gaps in FP coverage across the state of Texas. PPTX's service area includes designated Health Professional Shortage Areas, counties that do not have any other Title X service providers, and zip codes with high percentages of people living in poverty. To address staffing challenges and ensure that PPTX health centers are able to provide care in these communities, PPTX has flown providers to health centers in rural communities and engaged an outside agency to recruit staff. These strategies enable the network to provide FP services in communities with high need but limited access to care.



All PPTX health centers offer same-day provision of long-acting reversible contraceptives (LARCs), an important indicator of quality care. Health center staff recognize that requiring clients to return for a second visit reduces the likelihood that clients will get their preferred contraceptive method. By implementing clinical procedures to streamline insertion procedures—such as preparing sterile trays ahead of time—health centers are able to offer clients same-day LARC access without disrupting clinic flow.



PPTX prioritizes client satisfaction and closely monitors data that reflect clients' experiences. All clients receive a client satisfaction survey after their appointment, and survey results are reviewed monthly by health center management teams. Client comments help health centers identify blind spots and areas for improvement that range from the physical environment to staff behavior and customer service. PPTX uses these data to inform monthly staff trainings aimed at improving the client experience.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

Grant number: FPHPA006525

Website: www.plannedparenthood.org/planned-parenthood-greater-texas; <https://www.plannedparenthood.org/planned-parenthood-gulf-coast>; <https://www.plannedparenthood.org/planned-parenthood-south-texas>