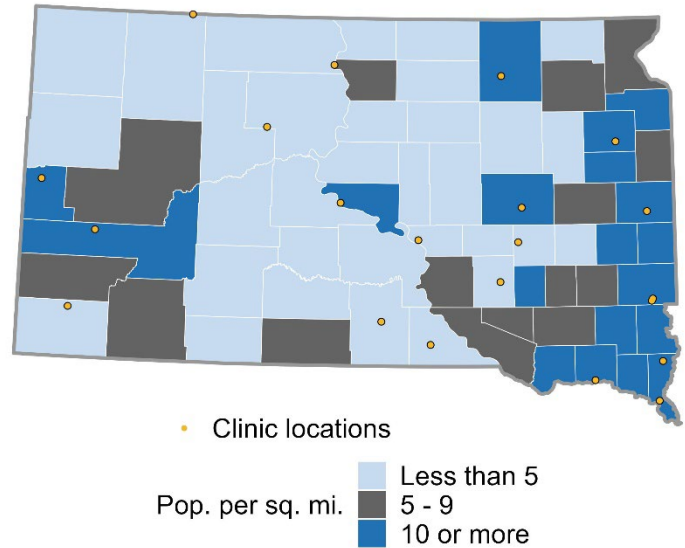


South Dakota Department of Health

South Dakota Department of Health's Family Planning Program (SDFPP) is a state agency that has been a statewide grant recipient since the 1970s. SDFPP delivers services to approximately 4,000 clients annually through a mix of direct service sites and subrecipients.¹





Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 6,788
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 1,950 (48%); all FP users with incomes below 250% of FPL – 3,160 (77%)
- ▶ Number of tests performed for gonorrhea – 4,401, syphilis – 1,530, and HIV – 1,708
- ▶ Number of female users who received a chlamydia test – 1,727 or a Pap test – 999



Overview of Services Offered

As a Title X recipient, SDFPP provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the SDFPP network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ◐ FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ◐ STI and HIV treatment ● STI self-testing ● Expedited partner therapy ● PrEP counseling and risk assessment ● PrEP prescription services ● PEP counseling ● PEP prescription services 	<ul style="list-style-type: none"> ● Screening for breast cancer ● Screening for cervical cancer ◐ HPV vaccinations ● Screening for intimate partner violence ● Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
LEGEND <ul style="list-style-type: none"> ● Available at all service sites ◐ Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



The SDFPP aims to make Title X services more equitable for refugee and newly immigrated clients by increasing cultural competency of providers and removing language barriers. For example, one of its subrecipients has full-time interpreters on-site. This clinic serves a large, diverse population, including refugees and immigrants from many countries. Employing these interpreters has been essential to increasing the number of clients that are seen at the clinic by decreasing language barriers. Looking ahead, the grantee would like to explore opportunities to have its interpreters do outreach at companies in the community that hire newly immigrated people. SDFPP is also looking to provide additional training on cultural competency and similar trainings across the network to better equip staff to provide more equitable services and increase the quality of care to populations such as refugee, newly immigrated, and Native American clients.

Innovations in Practice



In South Dakota, communities often lack information about the Title X Program and the services available. To address this barrier, SDFPP contracted with a third-party marketing team for a six-month project to develop strategies and materials designed to increase community knowledge of the Title X program. As part of this work, the marketing team is conducting research with grantee and clinic staff and potential clients, with a focus on adolescents and young adults. The interviews with the clinic staff will help the grantee learn about the day-to-day work within the clinics and the interactions with clients. The interviews with adolescents and young adults are interactive and focus on usability. For example, adolescents and young adults were asked to describe their thought process when finding a clinic if they were helping a friend with an STI. After the research phase concludes, the marketing team will present the findings to the grantee leadership and make suggestions. Once approved, the marketing team will work with grantee staff to develop relevant and representative materials for subrecipients and service sites. This will help increase community knowledge of the program and services that are available.

Did You Know?



To help improve quality and create a more cohesive network through shared learning, SDFPP has a Continuous Quality Improvement (CQI) group. The CQI group created a survey for family planning nurses and providers. The survey results showed that staff wanted an across-the-board client satisfaction survey, which has since been developed and piloted and will be used across sites. Additionally, the CQI group identifies focus areas that would be good for cross-network knowledge sharing. For example, the CQI group found that some service sites had high rates of clients returning to get their contraceptive implant removed because of undesirable side effects. The network discussion that followed generated helpful conversations from sites with successful implant placement. They provided useful strategies to sites facing similar challenges.



After seeing a decrease in the number of adolescents and young adults served across the network, SDFPP partnered with two South Dakota Department of Health programs, the Personal Responsibility Education Program and the Rape Prevention Education Program, to increase awareness of Title X services among adolescents and young adults. This collaboration has led to a partnership with Lutheran Social Services, which has a strong network for reaching adolescents and young adults. Collectively, the partners are developing relationships with schools and universities to provide education about sexual and reproductive health and increase knowledge and understanding of Title X services.



SDFPP uses FPAR data to identify which sites have the highest and lowest adolescent reach. The grantee is working with the high-reach clinics to understand their strategies and will share what it learns with other sites. Looking at these data helps SDFPP address barriers and strategize with the network to increase access for adolescents and young adults.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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