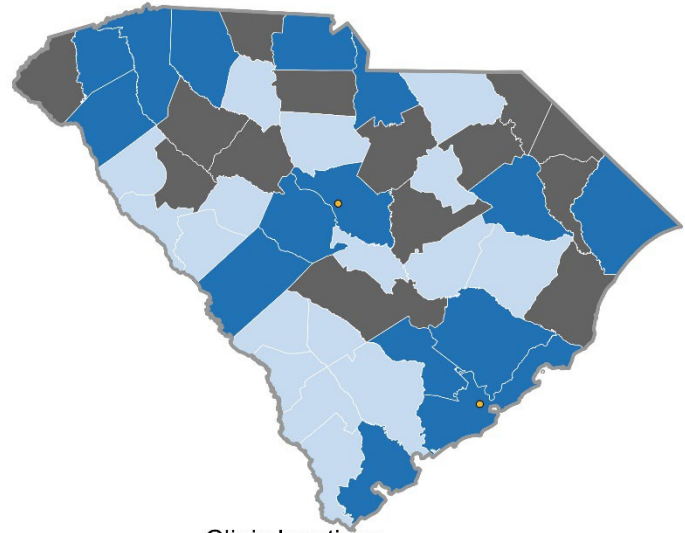


# Planned Parenthood South Atlantic

Planned Parenthood South Atlantic – South Carolina (PPSAT SC) is a nonprofit organization that has been a statewide Title X grant recipient since 2022. It delivers services through two family planning clinics in Columbia and Charleston, South Carolina.<sup>1</sup>







## Stats at a Glance<sup>2</sup>

- ▶ Number of family planning (FP) encounters – 386
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 107 (24%); all FP users with incomes below 250% of FPL – 272 (62%)
- ▶ Number of tests performed for gonorrhea – 162, syphilis – 80, and HIV – 104
- ▶ Number of female users who received a chlamydia test – 127 or a Pap test – 31

## Overview of Services Offered

As a Title X recipient, PPSAT SC provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.<sup>3</sup> The infographic below is an Overview of Services Offered within the PPSAT SC network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> <li>● Counseling on achieving pregnancy</li> <li>● Preconception health services</li> <li>● Pregnancy testing and counseling</li> <li>○ Basic infertility services</li> </ul>	<ul style="list-style-type: none"> <li>● FDA approved long-acting contraceptives</li> <li>● FDA approved short-acting contraceptives</li> <li>● Natural family planning methods</li> </ul>	<ul style="list-style-type: none"> <li>● STI and HIV education and counseling</li> <li>● STI and HIV screening and testing</li> <li>● STI and HIV treatment</li> <li>● STI self-testing</li> <li>● Expedited partner therapy</li> <li>● PrEP counseling and risk assessment</li> <li>● PrEP prescription services</li> <li>● PEP counseling</li> <li>● PEP prescription services</li> </ul>	<ul style="list-style-type: none"> <li>● Screening for breast cancer</li> <li>● Screening for cervical cancer</li> <li>● HPV vaccinations</li> <li>● Screening for intimate partner violence</li> <li>● Screening for mental health</li> <li>● Screening for obesity</li> <li>● Screening for smoking, drug, and alcohol use</li> <li>● Adolescent-friendly health services</li> </ul>
<p><b>LEGEND</b></p> <ul style="list-style-type: none"> <li>● Available at all service sites</li> <li>◐ Available at service sites and through referrals</li> <li>○ Available through referral only</li> </ul>			

<sup>1</sup> Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

<sup>2</sup> Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

<sup>3</sup> See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

## Equity in Practice



PPSAT NC's focus on advancing health equity includes efforts to address barriers to service delivery for all patients. In order to provide Title X services, all staff are required to screen for client income. PPSAT NC noticed some discomfort among staff in asking clients for their income. To address this concern, PPSAT NC revised the script to give clients the option of writing their income down on a Post-it note and passing it back to the staff. This process allowed everyone to be more comfortable while also meeting administrative needs.

## Innovations in Practice



The PPSAT SC has worked to enhance client care and experience by providing information to clients via email where feasible. For example, clients can fill out consent forms by email before their appointment. The email option saves time that would otherwise be spent completing consent forms in the office. PPSAT SC has plans to upgrade to a new electronic health record system that will allow clients to have their own portal where providers can easily send messages and improve lines of communication with clients. Clients will also be able to view test results faster and more efficiently compared with waiting for a phone call or letter in the mail with the results.

## Did You Know?



To increase awareness about Title X and related services, each service site in the PPSAT network has community health educators who help promote the availability of reproductive and sexual health services and attend community events. Using community health educators helps PPSAT SC increase its visibility, build connections with specific communities in its service areas, and better understand community needs.



PPSAT SC's training team created a PowerPoint presentation accessible through its online learning system that explains the Title X program and the staff members' job and responsibilities. This training includes steps on how to document a Title X visit in the EHR system. PPSAT has invested time in training its staff at the start of the Title X funding and offers supplemental training based on findings from regular quality improvement and monitoring audits.



PPSAT SC subrecipients have a community referral book tailored to their specific service areas to ensure clients have the resources they need. This referral book is also designed to meet key policy requirements in South Carolina and is updated regularly. The referral book includes faith-based, LGBTQIA+, Latinx, and primary care resources for each service area.

## About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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