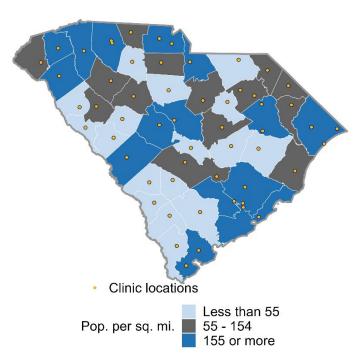
### South Carolina State Dept. of Health and Environmental Control

The South Carolina Department of Health and Environmental Control (DHEC) is a state-level agency that has been a Title X grant recipient since the 1970s. DHEC offers Title X services across the state through a network of subrecipient agencies. Service sites include federally qualified health centers (FQHCs) and county health departments.<sup>1</sup>

### Stats at a Glance<sup>2</sup>

- Number of family planning (FP) encounters 74,128
- FP users with incomes below 100% Federal Poverty Level (FPL) 19,335 (63%); all FP users with incomes below 250% of FPL 27,660 (89%)
- Number of tests performed for gonorrhea –
  20,261, syphilis 11,639, and HIV 11,495
- Number of female users who received a chlamydia test – 15,655 or a Pap test – 5,283



### Overview of Services Offered

As a Title X recipient, DHEC provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.<sup>3</sup> The infographic below is an Overview of Services Offered within the DHEC network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the OPA clinic locator.



# Pregnancy assistance and counseling

- Counseling on achieving pregnancy
- achieving pregnancyPreconception health services
- Pregnancy testing and counseling
- Basic infertility services



### **Contraceptive services**

- FDA approved longacting contraceptives
- FDA approved shortacting contraceptives
- Natural family planning methods



#### **STI services**

- STI and HIV education and counseling
- STI and HIV screening and testing
- STI and HIV treatment
- STI self-testing
- Expedited partner therapy
- PrEP counseling and risk assessment
- PrEP prescription services
- PEP counseling
- PEP prescription services



### Other preventative health services

- Screening for breast cancer
- Screening for cervical cancer
- HPV vaccinations
- Screening for intimate partner violence
- Screening for mental health
- Screening for obesity
- Screening for smoking, drug, and alcohol use
- Adolescent-friendly health services

## LEGEND

- Available at all service sites
- Available at service sites and through referrals
- Available through referral only

- <sup>1</sup> Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.
- <sup>2</sup> Source: Family Planning Annual Report (FPAR): 2022 National Summary.
- <sup>3</sup> See the <u>Title X Service Grants web page</u> for more information on the requirements and regulations guiding Title X projects.

### **Equity in Practice**



DHEC prioritizes a holistic, client-centered, accessible approach to service delivery across the state. Every Title X visit starts with the question, "What can we help you with today?" To ensure staff can address the resulting needs, all staff are trained to provide information about and referrals to supplemental services (such as food banks; the Supplemental Nutrition Program for Women, Infants, and Children; primary care services; or referrals to address substance misuse). To ensure services are accessible to clients who speak languages other than English, DHEC reviews data to identify the most commonly spoken languages across the state and translates forms and health education materials to those languages. It also contracts with a third party to offer synchronous translation services when needed. DHEC's approach to service delivery centers the client and their needs in each visit.

#### Innovations in Practice



DHEC partnered with a medical college to give students clinical training experience in addressing STIs and family planning—related services at DHEC clinics. This partnership also included using the college's mobile unit to reach rural and underserved patients, addressing a critical public health need for those who can find it difficult to get to medical appointments because they lack personal or public transportation.

#### Did You Know?



DHEC launched a campaign to place informational flyers with QR codes in locations with high foot traffic for potential clients. The goal was to expand its targeted outreach throughout the state. Each flyer includes information , and the QR code makes it easy to make an appointment. DHEC identified restaurant and bar restrooms, salons, barber shops, Department of Social Services county offices, community pharmacies, and preschools as locations to hang flyers. In addition, DHEC conducted an internal review to ensure flyers were placed in counties with the staff and operational capacity to take on new clients and meet the demands of the community.



DHEC conducts targeted outreach to increase the quality of family planning services for men. About 10 years ago, DHEC updated staff training to ensure all staff were aware that men qualify for family planning services under Title X. Staff training also includes making staff aware that Title X sterilization services cover both men and women, so interested men can have vasectomies. Following this change in staff training, DHEC saw an increase in Title X service provision to men. For example, staff identified that most men come into Title X clinics to receive STD testing services and staff have used these visits as an opportunity to start a conversation around pregnancy prevention, contraceptive use, and the other services men qualify for under Title X.



DHEC has strong partnerships with colleges and universities, the Teen Pregnancy Prevention (TPP) program, and the Department of Alcohol and Drug Abuse. These partnerships have allowed the Title X program to expand its reach and share information about available services with school districts, community organizations, advocacy organizations, and clients seeking social services. For example, DHEC has collaborated with TPP sites to offer Title X services to adolescents across the state. In addition, to better serve rural areas in the state, DHEC partnered with FQHCs that have co-located their Title X services with social services. This co-location provides a one-stop shop and makes clinic appointments more efficient.

### About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's website.

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