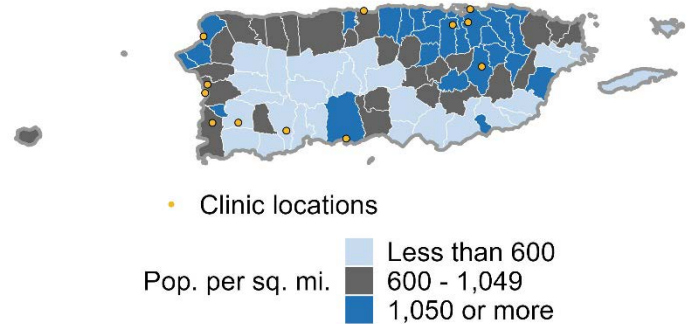


University of Puerto Rico Medical Sciences Campus

The University of Puerto Rico Medical Sciences Campus, dba Preven[®], is an umbrella agency that has overseen the Title X program in Puerto Rico since the 1970s. It delivers services to approximately 10,000 clients through subrecipient agencies including university-based organizations, independent practice organizations, and federally qualified health centers (FQHCs).¹





Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 22,114
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 9,645 (91%); all FP users with incomes below 250% of FPL – 10,497 (99%)
- ▶ Number of tests performed for gonorrhea – 2,983, syphilis – 3,203, and HIV – 2,769
- ▶ Number of female users who received a chlamydia test – 2,292 or a Pap test – 1,357



Overview of Services Offered

As a Title X recipient, Preven[®] provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below provides an Overview of Services Offered within the Preven[®] network. The data shown below are not specific to any particular site but rather representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ◐ FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ◐ STI and HIV treatment ● STI self-testing ◐ Expedited partner therapy ○ PrEP counseling and risk assessment ○ PrEP prescription services ○ PEP counseling ○ PEP prescription services 	<ul style="list-style-type: none"> ● Screening for breast cancer ● Screening for cervical cancer ○ HPV vaccinations ● Screening for intimate partner violence ● Screening for mental health ◐ Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
<p>LEGEND</p> <ul style="list-style-type: none"> ● Available at all service sites ◐ Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



In recent years, Puerto Rico has faced many challenges including hurricanes, earthquakes, and the COVID-19 pandemic. In response to these challenges, Preven[®] has implemented different strategies to provide equitable access to its clients. During the pandemic Preven[®] established new satellite service sites to deliver services to clients with low incomes throughout the island—many of whom were not able to travel to clinic sites because they had been displaced by earthquakes and weather-related disasters. These satellite sites were effective in increasing access, but they have been difficult to sustain due to the high cost of medications and a local regulation requiring both a full-time pharmacist and a full-time pharmacy venue at all service sites. Additional funding during the pandemic also enabled the grantee to implement telehealth and develop an app. Although these technologies have been challenging to implement due to costly and unreliable internet services, they have increased access for some clients and addressed the desire for quicker appointments and online scheduling among younger clients. Sustaining these programs is a top priority for Preven[®]. Despite challenges, the grantee continues to demonstrate resiliency and has identified creative adaptations to achieve its goal of providing quality, equitable care to all.

Innovations in Practice



Health care commodities, including family planning drugs and devices, are expensive in Puerto Rico. Access is particularly challenging given that the island only has one certified supplier of certain FP products. Nevertheless, Preven[®] is able to ensure that subrecipient agencies can provide a range of contraceptive options to its clients by acting as a central storage and distributor of FP commodities. Preven[®] negotiates with a local distributor, purchases commodities directly, and distributes them to subrecipients and service delivery sites. To track the FP products, Preven[®] developed a closed pharmacy with a comprehensive monitoring system to ensure the desired types and numbers of FP commodities get to clinics to meet clients' needs.

Did You Know?



Preven[®] was one of the first Title X grantees. The organization participated in the initial Title X pilot in 1970, and by 1972, it served as a demonstration project in the capital city of San Juan and the southern city of Ponce. It was also among the first Title X grantees to work with FQHCs. In addition to its long-term status as a Title X grantee and its knowledge of the program, Preven[®] has unique experience managing complicated circumstances and ongoing economic challenges resulting from the many natural disasters that have struck the islands in recent years.



As a local Puerto Rican organization serving a primarily Spanish-speaking population, Preven[®] has put special effort into ensuring quality educational materials are available in Spanish and written in a way that is accessible to the population it serves. Similarly, the grantee ensures materials are accessible for staff, including providers, who may not be fluent in English. For example, the site recently translated the new FPAR 2.0 guidelines and instructions into Spanish to facilitate their use by Title X staff.



Through its long work in the community, Preven[®] has a strong and deep network of partners. For example, Preven[®] staff support subrecipients in conducting outreach enrollment tours so subrecipients can reach potential clients with information about FP, STIs, other sexual and reproductive health care, and primary health services. All Preven[®] clinics participate in the tours, which are implemented in all Preven[®] clinics to enroll new clients of reproductive age and link them to brick-and-mortar clinics. Most recently, the grantee has dedicated specific resources to STI treatment because it fills a critical gap in care and brings more clients to the clinics. Preven[®] has also increased outreach to rural areas and underserved pockets in metro areas, and to community-based organizations, universities, high schools, and middle schools.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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