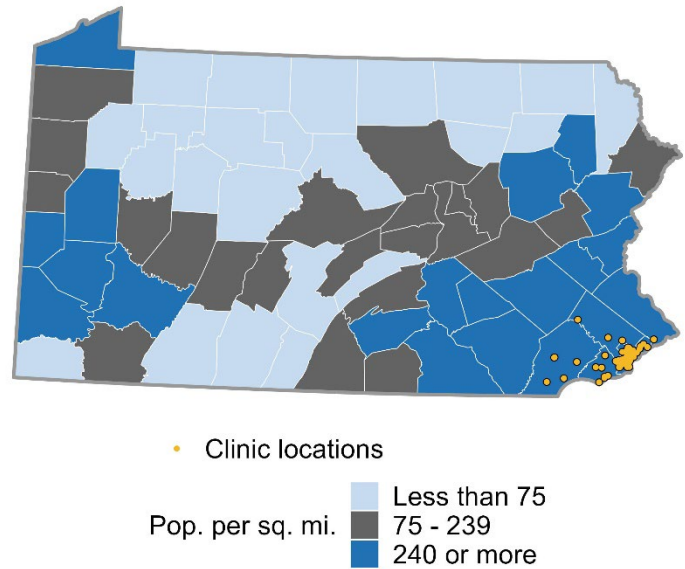


AccessMatters

AccessMatters is a nonprofit organization that has been a Title X grant recipient since the early 1970s. It delivers services to approximately 97,000 persons in southeast Pennsylvania through 23 subrecipients that operate 68 clinics comprising hospitals, family planning clinics, federally qualified health centers (FQHCs), community health centers, and school-based service sites.¹





Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 107,360
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 30,046 (48%); all FP users with incomes below 250% of FPL – 48,573 (77%)
- ▶ Number of tests performed for gonorrhea – 31,095, syphilis – 17,975, and HIV – 24,680
- ▶ Number of female users who received a chlamydia test – 29,258 or a Pap test – 4,182



Overview of Services Offered

As a Title X recipient, AccessMatters provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the AccessMatters network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ◐ Preconception health services ● Pregnancy testing and counseling ◐ Basic infertility services 	<ul style="list-style-type: none"> ◐ FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ◐ STI and HIV screening and testing ◐ STI and HIV treatment ◐ STI self-testing ◐ Expedited partner therapy ◐ PrEP counseling and risk assessment ◐ PrEP prescription services ◐ PEP counseling ◐ PEP prescription services 	<ul style="list-style-type: none"> ◐ Screening for breast cancer ◐ Screening for cervical cancer ◐ HPV vaccinations ◐ Screening for intimate partner violence ◐ Screening for mental health ◐ Screening for obesity ◐ Screening for smoking, drug, and alcohol use ◐ Adolescent-friendly health services
<p>LEGEND</p> <ul style="list-style-type: none"> ● Available at all service sites ◐ Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



To improve equitable access to high quality sexual and reproductive health (SRH) services for persons with substance use disorder, AccessMatters operates a service navigation program that helps link prospective clients being seen at substance use facilities and behavioral health centers to Title X services. Staff on the navigation team provide SRH information and emotional support, and prioritize linking clients to Title X subrecipients that are geographically close to these facilities. AccessMatters also holds training for subrecipient providers and staff on how to provide client-centered care to persons with substance use treatment disorders.

Innovations in Practice



To increase access to Title X services, AccessMatters operates a free, confidential hotline in partnership with the city of Philadelphia. Hotline staff help connect callers to a range of SRH and family planning services—including services to treat HIV and promote maternal and child health—and help callers determine which geographically proximate site(s) in the Title X network can provide the services the caller needs. To increase its reach to prospective clients, the hotline has a language line, which includes Spanish, and is also available through text messaging. It is advertised widely in southeastern Pennsylvania through radio and television campaigns.

Did You Know?



To increase access to SRH services for youth, AccessMatters established the Health Resource Center, a multi-site program operating in several school districts and community centers in southeastern Pennsylvania. The center offers free and confidential SRH services to youth. The program staff provide SRH and family planning counseling, safe sex supplies, and referrals to Title X service sites based on the SRH needs of each client. Some program sites provide on-site pregnancy testing and STI screening, and some also provide services to a large male youth population. In the last three decades, zip codes in southeastern Pennsylvania with access to Health Resource Centers reported decreases in teen birth and STI rates that outpace those in the city, state, and country overall.



To improve quality of services, the quality team management team at AccessMatters hold monthly office hours for clinicians providing care in the grantee's Title X network. The office hours are an opportunity specifically for clinicians to discuss challenges delivering care and develop quality improvement activities to help address their challenges.



The AccessMatters quality management team regularly develops performance measure reports to help monitor service delivery and identify challenges and successes among subrecipients and service sites in its Title X network. The grantee uses these reports to work with subrecipients, service sites, and AccessMatters staff to develop relevant trainings and quality improvement projects, which range from delivering STI services and trauma-informed care to resolving administrative challenges around scheduling, staffing, and electronic medical record systems.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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Website: <https://www.accessmatters.org>