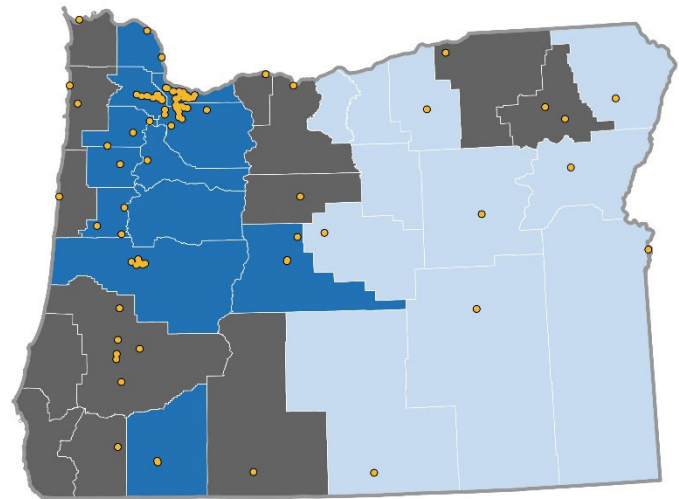


# Oregon Health Authority

The Oregon Health Authority (OHA) is a state agency that has been delivering Title X services since the 1970s. OHA provides family planning and STI services through more than 30 subrecipient agencies such as city or county health departments, federally qualified health centers (FQHCs), school-based health centers, and Planned Parenthood clinics.<sup>1</sup>

## Stats at a Glance<sup>2</sup>

- ▶ Number of family planning (FP) encounters – 20,090
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 8,780 (60%); all FP users with incomes below 250% of FPL – 13,687 (93%)
- ▶ Number of tests performed for gonorrhea – 5,086, syphilis – 582, and HIV – 1,660
- ▶ Number of female users who received a chlamydia test – 4,598 or a Pap test – 1,875



• Clinic locations

Pop. per sq. mi.  Less than 10  
 10 - 54  
 55 or more

## Overview of Services Offered

As a Title X recipient, OHA provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.<sup>3</sup> The infographic below is an Overview of Services Offered within the OHA network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).



### Pregnancy assistance and counseling

- Counseling on achieving pregnancy
- Preconception health services
- Pregnancy testing and counseling
- Basic infertility services



### Contraceptive services

- FDA approved long-acting contraceptives
- FDA approved short-acting contraceptives
- Natural family planning methods



### STI services

- STI and HIV education and counseling
- STI and HIV screening and testing
- STI and HIV treatment
- STI self-testing
- Expedited partner therapy
- PrEP counseling and risk assessment
- PrEP prescription services
- PEP counseling
- PEP prescription services



### Other preventative health services

- Screening for breast cancer
- Screening for cervical cancer
- HPV vaccinations
- Screening for intimate partner violence
- Screening for mental health
- Screening for obesity
- Screening for smoking, drug, and alcohol use
- Adolescent-friendly health services

#### LEGEND

- Available at all service sites
- ◐ Available at service sites and through referrals
- Available through referral only

<sup>1</sup> Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

<sup>2</sup> Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

<sup>3</sup> See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

## Equity in Practice



OHA and its subrecipients partner with work groups and coalitions focused on reproductive health. Several subrecipients have formed youth advisory boards that come together to assess gaps and issues with clients' experiences because many of OHA's service sites include school-based health centers (SBHCs) that offer wellness visits and Title X services. Work groups and youth advisory boards develop surveys on barriers and gaps, conduct focus groups and key informant interviews, and use other reports and data available to them to improve services for youth. For example, one county has a youth advisory board consisting of six local high school students who provide feedback related to the clinic environment. OHA also developed a survey to understand barriers specific to youth. These collaborations help OHA better serve specific populations, not only youth but LGBTQIA+ clients, communities of color, and immigrant communities such as indigenous people from Guatemala.

## Innovations in Practice



To reach underserved communities, some of OHA's subrecipients have established relationships with local correctional facilities to provide reproductive health services in these settings. These services include STI screening and treatment, pregnancy testing and provision of contraception, as well as pregnancy intention, preconception planning, and all options counseling. If a more urgent medical need is identified during a reproductive health visit, the nurse practitioner passes the information along to the regular medical team at the correctional facility to foster comprehensive care. Through this partnership, the grantee has also established a process for the facility's nurse to notify the reproductive health nurse of clients requesting services in advance of scheduled appointments so the nurse can prepare supplies for each visit to ensure timely care. To strengthen continuity of care, the project also enables OHA's Title X partners to bridge contraception and facilitate appointments with a nurse practitioner once the person is out of jail.

## Did You Know?



OHA's subrecipients include clinics that are working to improve equitable access to quality family planning services. For example, one clinic's mission is to specifically serve people who are experiencing homelessness. Additionally, several clinics have taken steps to improve accessibility for people with disabilities, such as adding easily adjustable examination tables, automatic door openers, and ramps for wheelchair accessibility.



OHA has also worked with partners to improve staff capacity to offer a broad range of services. For example, one OHA subrecipient based in a rural community partnered with a Planned Parenthood agency outside the state to have the subrecipient's staff receive targeted training to improve their comfort and skills with long-acting reversible contraception. The training was an important collaboration between a subrecipient and an external partner to help address a key training need while creatively overcoming the challenges of staff shortages and burden.



OHA has found that conducting on-site reviews that include in-person discussions with staff have been most helpful in understanding the needs and challenges of subrecipients. OHA monitoring teams visit every subrecipient every three years and conduct desk audits every two years. OHA's review team works closely with a separate team that reviews all of the SBHCs so they are not duplicating their efforts. Through their in-person site reviews, the monitoring data OHA teams collect is richer because the teams talk directly with staff and observe their challenges and successes.

## About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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Website: [www.healthoregon.org/rh](http://www.healthoregon.org/rh)