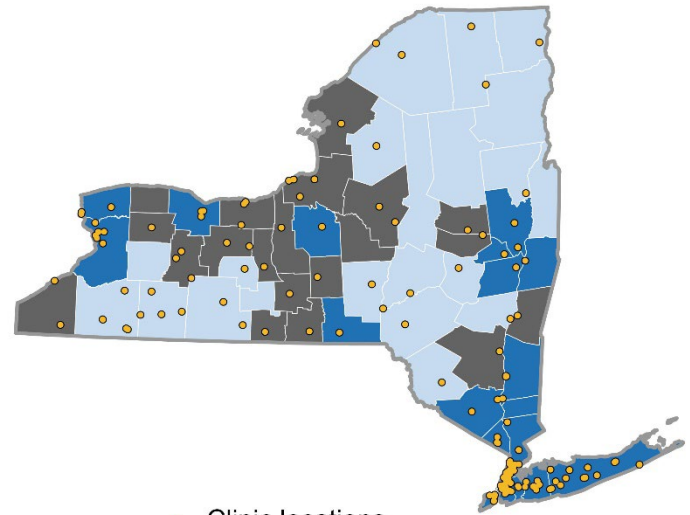


New York State Department of Health

The New York State Department of Health (NYSDOH) is a state agency that has been a Title X grant recipient since the 1970s. It delivers services to approximately 300,000 clients statewide through a mix of subrecipient agencies including county health departments, hospitals, stand-alone family planning clinics, federally qualified health centers (FQHCs), and teen-focused health centers.¹

Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 240,822
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 113,299 (65%); all FP users with incomes below 250% of FPL – 149,299 (85%)
- ▶ Number of tests performed for gonorrhea – 104,064, syphilis – 29,863, and HIV – 52,691
- ▶ Number of female users who received a chlamydia test – 77,105 or a Pap test – 29,157



• Clinic locations

Pop. per sq. mi. Less than 80
 80 - 234
 235 or more

Overview of Services Offered

As a Title X recipient, NYSDOH provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the NYSDOH network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).



Pregnancy assistance and counseling

- Counseling on achieving pregnancy
- Preconception health services
- Pregnancy testing and counseling
- Basic infertility services



Contraceptive services

- FDA approved long-acting contraceptives
- FDA approved short-acting contraceptives
- Natural family planning methods



STI services

- STI and HIV education and counseling
- STI and HIV screening and testing
- STI and HIV treatment
- ◐ STI self-testing
- ◐ Expedited partner therapy
- ◐ PrEP counseling and risk assessment
- ◐ PrEP prescription services
- ◐ PEP counseling
- ◐ PEP prescription services



Other preventative health services

- Screening for breast cancer
- Screening for cervical cancer
- ◐ HPV vaccinations
- Screening for intimate partner violence
- Screening for mental health
- Screening for obesity
- Screening for smoking, drug, and alcohol use
- Adolescent-friendly health services

LEGEND

- Available at all service sites
- ◐ Available at service sites and through referrals
- Available through referral only

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



NYSDOH is working to improve outreach and engagement with LGBTQIA+ individuals and persons with developmental disabilities. It is currently administering surveys to subrecipients and service sites to better understand how Title X providers in New York serve these populations. NYSDOH will use the survey findings and resources from the National Coalition for Sexual Health to develop guidance manuals for its Title X providers on inclusive practices when providing services to LGBTQIA+ individuals and clients with developmental disabilities.

Innovations in Practice



To enhance adolescent services and support access for rural clients, NYSDOH updated the funding methodology in its last subrecipient procurement to provide more funding to subrecipients and service sites with clients in a rural area, or when at least 40 percent of the clients are younger than 25. Subrecipients and services sites who received this additional supplemental funding have demonstrated success in serving these populations.

Did You Know?



NYSDOH is working to strengthen its referral processes with the Office of Drug User Health to improve behavioral health and addiction support for clients who receive Title X services. One NYSDOH local health department, Greene County, tracks referral and follow-up data closely. This local health department is a model site with a strong referral network. For example, it partners with behavioral health services and syringe exchange programs run by community-based organizations to ensure clients receive all needed services. NYSDOH is hoping to replicate those efforts among other subrecipients.



To support the quality of care within its network, NYSDOH conducts quarterly and annual surveys with subrecipients and service sites, which include questions about staff retention and administrative challenges. NYSDOH established a learning collaborative in its Title X network and holds quarterly calls to highlight successes and bright spots. NYSDOH also connects subrecipients and service sites with technical assistance resources, including one-on-one assistance as needed. For example, NYSDOH has partnered with the New York State Family Planning Training Center (NYSFPTC) to provide subrecipients with trainings on how to implement same-day IUD placement. The grantee also works with the Reproductive Health National Training Center, which helps NYSDOH develop and plan content for department-wide meetings.



NYSDOH serves a demographically diverse state, with many clients facing transportation issues in both rural and urban areas. To reduce barriers to care for these clients, NYSDOH partners with NYSFPTC to support the implementation of telehealth services within the network. NYSFPTC provides trainings to subrecipients on telehealth requirements specific to Title X and offers one-on-one technical assistance to address site-specific needs and concerns. NYSDOH plans to use its Title X telehealth infrastructure grant from OPA to provide mini-grants to subrecipients and service sites implementing telehealth.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's website.

Grant number: FPHPA006526

Website: <https://www.health.ny.gov>