## Nevada Department of Health and Human Services

This grantee dba Nevada Division of Public and Behavioral Health (DPBH) is a state agency that has been a Title X grant recipient since the 1970s. It delivers services directly to approximately 7,000 persons through state health department clinics.<sup>1</sup>

### Stats at a Glance<sup>2</sup>

- Number of family planning (FP) encounters 835
- FP users with incomes below 100% Federal Poverty Level (FPL) 240 (45%); all FP users with incomes below 250% of FPL 384 (72%)
- Number of tests performed for gonorrhea 306, syphilis 93, and HIV 94
- Number of female users who received a chlamydia test 231 or a Pap test 56

### Overview of Services Offered

As a Title X recipient, DPBH provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted



infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.<sup>3</sup> The infographic below is an Overview of Services Offered within the Everybody Texas network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the OPA clinic locator.



# Pregnancy assistance and counseling

- Counseling on achieving pregnancy
- Preconception health services
- Pregnancy testing and counseling
- Basic infertility services



### **Contraceptive services**

- FDA approved longacting contraceptives
- FDA approved shortacting contraceptives
- Natural family planning methods



#### STI services

- STI and HIV education and counseling
- STI and HIV screening and testing
- STI and HIV treatment
- STI self-testing
- Expedited partner therapy
- PrEP counseling and risk assessment
- PrEP prescription services
- PEP counseling
- PEP prescription services



# Other preventative health services

- Screening for breast cancer
- Screening for cervical cancer
- HPV vaccinations
- Screening for intimate partner violence
- Screening for mental health
- Screening for obesity
- Screening for smoking, drug, and alcohol use
- Adolescent-friendly health services

### LEGEND

- Available at all service sites
- Available at service sites and through referrals
- Available through referral only

- <sup>1</sup> Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.
- <sup>2</sup> Source: Family Planning Annual Report (FPAR): 2022 National Summary.
- <sup>3</sup> See the <u>Title X Service Grants web page</u> for more information on the requirements and regulations guiding Title X projects.

### Equity in Practice



DPBH serves primarily rural and frontier areas of Nevada, which can have limited access to clinical services due to lack of transportation or long travel times. For example, some clients need to travel three hours each way to appointments at a Title X clinic. To help rural clients overcome this barrier, DPBH secured grant funding to support transportation initiatives and works with service sites to get Medicaid transportation into areas with few transportation options. However, this is not always possible in the most rural and frontier locations. In addition, DPBH has partnerships to offer clients incentives to help with transportation, such as gift cards. These are often provided to incentivize clients to return to the clinic for follow-up care.

#### Innovations in Practice



To increase STI testing rates, DPBH has implemented an opt-out approach to STI testing in which clients are told they will be tested for a panel of different STIs, and the client needs to actively opt out of any individual test. This approach is particularly helpful in rural areas where clients may not have regular access to a Title X clinic or primary health care. Opt-out testing has increased testing and treatment rates in the area.

### Did You Know?



DPBH is committed to making its clinics welcoming to a diverse population of clients, including people identifying as LGBTQIA+. For example, clinic paperwork includes questions on gender identity to ensure clinic staff are using a client's preferred pronouns. DPBH also tries to hire diverse staff who represent the communities it serves to help clients feel more comfortable accessing services. The grantee also tries to increase awareness of its services among community members through community health fairs and events where DPBH offers screening and referrals to clinical services.



To support a full transition in its electronic health records, DPBH was able to secure a contract with an IT specialist through the CDC Foundation to train Title X staff on how to accurately document visits using the EHR system, and how to use the system to produce reports.



DPBH partners with various community coalitions, such as the Quad-County Healthcare Coalition run by Carson City Health and Human Services, to improve access to services throughout Nevada. Through the coalition, DPBH and its partners can coordinate referrals to prevent gaps in service provision across the state. The coalitions also conduct outreach and education in communities throughout Nevada. In addition, DBPH partners with other programs such as Title IV, which supports student health, and with Immunize Nevada to offer immunizations and health screenings to students in elementary and high schools.

### About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's website.

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Website: https://dpbh.nv.gov/Programs/

