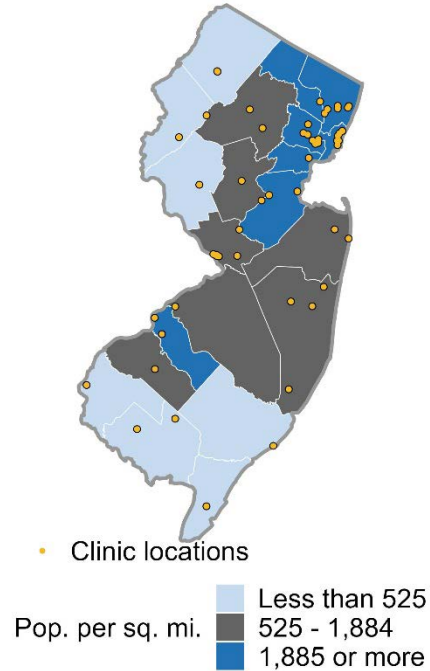


New Jersey Family Planning League

New Jersey Family Planning League (NJFPL) is a nonprofit organization that has been a Title X grantee since the 1970s. NJFPL serves approximately 150,000 clients annually statewide. Its network includes subrecipients operating service sites consisting of hospitals, freestanding family planning clinics, federally qualified health centers (FQHCs), Planned Parenthood clinics, and university-based clinics.¹





Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 178,376
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 62,347 (53%); all FP users with incomes below 250% of FPL – 109,095 (93%)
- ▶ Number of tests performed for gonorrhea – 82,613, syphilis – 22,431, and HIV – 44,619
- ▶ Number of female users who received a chlamydia test – 56,917 or a Pap test – 16,565



Overview of Services Offered

As a Title X recipient, NJFPL provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the NJFPL network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Pre-conception health services ● Pregnancy testing and counseling ◐ Basic infertility services 	<ul style="list-style-type: none"> ● FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ● STI and HIV treatment ◐ STI self-testing ◐ Expedited partner therapy ◐ PrEP counseling and risk assessment ◐ PrEP prescription services ◐ PEP counseling ◐ PEP prescription services 	<ul style="list-style-type: none"> ◐ Screening for breast cancer ◐ Screening for cervical cancer ◐ HPV vaccinations ● Screening for intimate partner violence ◐ Screening for mental health ◐ Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
<p>LEGEND</p> <ul style="list-style-type: none"> ● Available at all service sites ◐ Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



NJFPL is committed to providing equitable, high-quality services to all of its clients, including LGBTQIA+ individuals and the young adult population. NJFPL has developed trainings for its entire network on providing gender-affirming care so clients feel welcomed at each service site. Additionally, one of the Planned Parenthood subrecipients and its service sites provide gender-affirming hormone therapy to clients. Another subrecipient offers services to the young adult population through a university-based clinic. Some of the services offered there are pre-exposure prophylaxis (PrEP), STD testing, and HIV prevention and education.

Innovations in Practice



NJFPL continuously identifies opportunities to use feedback from subrecipients and service sites to help improve service delivery. The grantee gathers input through a form called Voices of the Network. This form asks questions about things that are working well, what is not working well, what is happening at the service delivery level, and what areas need improvement within the NJFPL network. The form is rolled out twice a year to provide continual feedback to the grantee. By doing this, NJFPL is able to better understand the themes within the Title X program at the subrecipient level. NJFPL uses the data gathered to inform progress reports, to provide technical assistance to subrecipients, and to know how it is doing as a grantee. The form is constantly being tailored to the needs of its Title X network.

Did You Know?



NJFPL is committed to providing client-centered care. The grantee seeks to meet the family planning needs of people who experience unique barriers to care, such as clients who have experienced intimate partner violence (IPV). NJFPL is working on an approach to care that allows clients to understand the services they receive are confidential in nature so IPV providers know that NJFPL can be a resource in this area for the survivors they serve.



NJFPL's program managers meet with their subrecipient agencies on a monthly basis to review and assess Family Planning Annual Report (FPAR) data. These meetings include reports on data points such as who was served, demographics of clients, top cities that are being seen, FP methods, and STI screening. The program manager uses this opportunity to understand the subrecipients' work and needs so the grantee can support them in improving care.



NJFPL has established a strong network of partners who work to increase access to family planning services in New Jersey. For example, NJFPL partners with an organization called the New Jersey Health Care Quality Institute, whose work focuses on health care policy. NJFPL has also been engaging with a new organization called Nurture New Jersey, an agency that aims to improve the quality of care during childbirth and immediately postpartum. Through the Maternal Care Quality Collaborative, which was developed from the Nurture New Jersey campaign established by the First Lady Initiative, NJFPL has been able to collaborate with researchers, doctors, and other family planning organizations on providing equity, access, and quality service delivery.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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