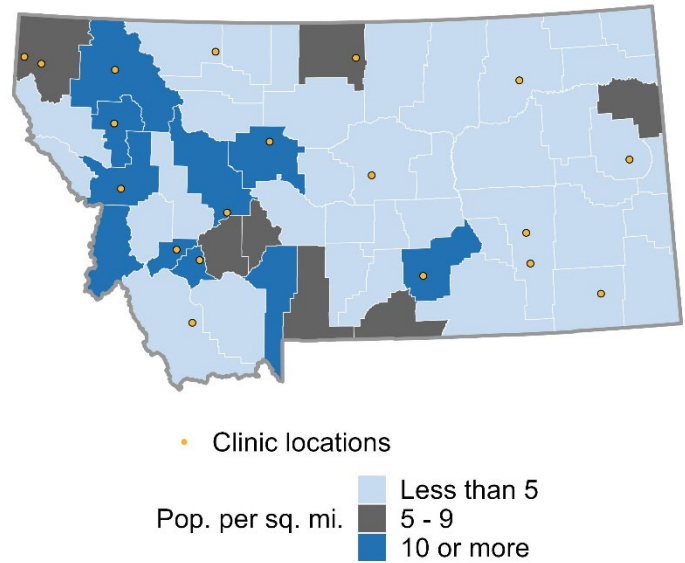


Bridgercare dba Montana Family Planning (MFP)

Bridgercare, dba Montana Family Planning (MFP), is a nonprofit organization that has been delivering Title X services since the 1970s. Bridgercare recently took over the state's Title X grant from the Montana Department of Public Health and Human Services. MFP delivers services to approximately 18,000 clients per year.¹





Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 18,038
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 1,836 (15%); all FP users with incomes below 250% of FPL – 3,452 (28%)
- ▶ Number of tests performed for gonorrhea – 7,649, syphilis – 1,626, and HIV – 2,649
- ▶ Number of female users who received a chlamydia test – 5,550 or a Pap test – 1,322



Overview of Services Offered

As a Title X recipient, MFP provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the MFP network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ◐ Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ◐ FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ◐ STI and HIV treatment ◐ STI self-testing ● Expedited partner therapy ● PrEP counseling and risk assessment ◐ PrEP prescription services ● PEP counseling ◐ PEP prescription services 	<ul style="list-style-type: none"> ◐ Screening for breast cancer ◐ Screening for cervical cancer ● HPV vaccinations ● Screening for intimate partner violence ● Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
<p>LEGEND</p> <ul style="list-style-type: none"> ● Available at all service sites ◐ Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



MFP has a standing reproductive justice committee that works to identify ways the organization can be inclusive and equitable for clients who identify as Black, Indigenous, and people of color (BIPOC), and for clients who have limited English proficiency. The reproductive justice committee also receives support and leadership from a BIPOC advisory committee, a group made up of community members who provide feedback and lived experience perspectives to MFP's services, policies, and culture. MFP also requires all staff to complete a six-hour training on racial disparities in health care and how to engage in anti-racism work.

Innovations in Practice



Most Indigenous people in Montana live in tribal communities far from large population centers that have widely available FP services. To make FP services more accessible, MFP hired a tribal liaison upon grant award in 2022 to build and strengthen relationships with the state's tribal communities and develop and support a tribal community advisory committee. The committee will assist MFP in better understanding the need for family planning in tribal communities, developing appropriate service settings responsive to these needs, and reviewing the potential for expanding services through telehealth and trusted providers capable of delivering culturally responsive services.

Did You Know?



Some service sites in the MFP network are working with detention centers to offer health education and STI testing in prerelease centers. Recognizing how difficult it can be for recently released individuals to access health care, the grantee offers free sexual/reproductive health services at its clinic in Bozeman for formerly incarcerated individuals for up to three months following their release.



MFP staff understand how difficult it can be for individuals living in rural, frontier, or tribal communities to access family planning services. Providers in public health departments throughout the state are trained to screen for the need and desire for family planning services when clients are accessing other public programs (for example, the Special Supplemental Nutrition Program for Women, Infants, and Children) so several client needs can be met in one visit.



In addition to the efforts mentioned above, to expand access to family planning services for rural, frontier, and tribal communities, MFP is forming new partnerships with Urban Indian Health Clinics, tribal health departments, and federally qualified health centers located in rural areas of the state.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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Website: <https://www.montanafamilyplanning.org>