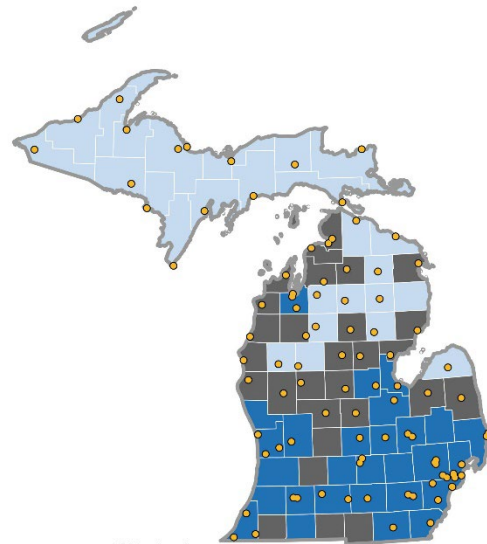


Michigan Department of Health & Human Services

The Michigan Department of Health and Human Services (MDHHS) is a state agency that has been a Title X grant recipient since the early 1970s. It delivers services to approximately 53,000 clients across Michigan through a network of subrecipients composed of city and county health departments, a hospital, a federally qualified health center (FQHC), and a nonprofit organization.¹



• Clinic locations

Pop. per sq. mi.
 Less than 40
 40 - 114
 115 or more

Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 54,688
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 16,039 (45%); all FP users with incomes below 250% of FPL – 26,585 (75%)
- ▶ Number of tests performed for gonorrhea – 22,760, syphilis – 4,647, and HIV – 11,205
- ▶ Number of female users who received a chlamydia test – 15,949 or a Pap test – 4,646

Overview of Services Offered

As a Title X recipient, MDHHS provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the MDHHS network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).



Pregnancy assistance and counseling

- Counseling on achieving pregnancy
- Preconception health services
- Pregnancy testing and counseling
- Basic infertility services

Contraceptive services

- ◐ FDA approved long-acting contraceptives
- FDA approved short-acting contraceptives
- Natural family planning methods

STI services

- STI and HIV education and counseling
- STI and HIV screening and testing
- STI and HIV treatment
- STI self-testing
- Expedited partner therapy
- ◐ PrEP counseling and risk assessment
- ◐ PrEP prescription services
- ◐ PEP counseling
- ◐ PEP prescription services

Other preventative health services

- Screening for breast cancer
- Screening for cervical cancer
- ◐ HPV vaccinations
- Screening for intimate partner violence
- Screening for mental health
- Screening for obesity
- Screening for smoking, drug, and alcohol use
- Adolescent-friendly health services

LEGEND

- Available at all service sites
- ◐ Available at service sites and through referrals
- Available through referral only

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



Several subrecipients in the MDHHS network have strong partnerships with FQHCs in their service areas, which allows them to refer clients to FQHCs for primary care. In turn, FQHCs refer their clients to subrecipients for sexual and reproductive health (SRH) services. These processes have helped subrecipients provide SRH services to many individuals who are under- and uninsured or on public insurance. To help establish partnerships, some subrecipients mail letters to FQHC providers and community-based organizations in their service area to raise awareness and inform them of their SRH services. As partnerships have developed over time, several subrecipients have well-established processes for referring clients to behavioral health and substance use services, and are also members of community advisory boards in their service areas. These relationships ensure clients receive the full spectrum of services in a timely manner.

Innovations in Practice



To increase access to SRH services, MDHHS is building on practices it began during the COVID-19 pandemic. For example, it continues to provide SRH services through telehealth and by mailing contraceptives to clients. MDHHS is also building on outreach conducted during the pandemic with homeless shelters and rural communities by exploring the feasibility of state statutory changes that would allow contraceptives and other medications to be dispensed in settings other than brick-and-mortar clinics, such as pop-up clinics and mobile units.

Did You Know?



To improve quality of care for male clients, MDHHS brings in subject matter experts to conduct trainings for providers and clinic staff. Topics have included how to provide SRH examination for men and how to talk with male clients about SRH. The grantee previously conducted a quality improvement cohort project with a group of local agencies in its Title X network, which focused on improving access to services for male clients. The project provided small stipends to agencies that allowed them to see more male clients at their subrecipient sites.



To improve data quality, MDHHS develops fact sheets and provides technical assistance to subrecipients on how to collect and report data elements critical to monitoring quality, such as the total number of clients served and rates of most and moderately effective contraception provided, STI testing, and preventative health screenings. The grantee works with subrecipients in its Title X network to develop continuous quality improvement projects and encourages subrecipients to share key findings from their data with interested parties to help build community partnerships and maximize learning opportunities.



To enhance access to SRH services for youth, MDHHS has an extensive network of school-based health centers and strong partnerships with state and local agencies. MDHHS routinely works with the Michigan Department of Education, regularly updating and sharing its clinic directory with the regional school health coordinators. MDHHS also works closely with the Michigan Coalition for Adolescent Sexual Health and the Michigan Organization on Adolescent Sexual Health's Youth Advisory Councils. They partnered to co-develop a statewide outreach campaign and make the campaign content and associated materials more youth friendly. To help increase referrals to their services, MDHHS encourages subrecipients to participate in sex education boards and advisory councils in their local communities. The grantee also encourages subrecipients to build partnerships with their local school staff, including reproductive health supervisors and counselors at the schools.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

Grant number: FPHPA006540

Website: <https://www.michigan.gov/mdhhs/adult-child-serv/childrenfamilies/familyhealth/familyplanning>