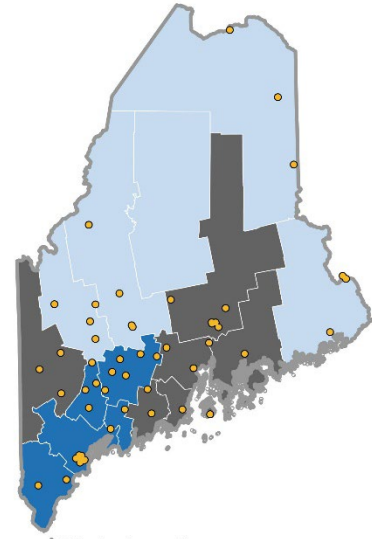


Family Planning Association of Maine

The Family Planning Association of Maine (Maine Family Planning) is a nonprofit organization that has been a statewide Title X grant recipient since the 1970s, and currently delivers services to approximately 27,000 clients through a network of its own service sites and subrecipients who run a mix of clinic types in most counties across the state.¹

Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 36,551
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 7,865 (30%); all FP users with incomes below 250% of FPL – 16,858 (64%)
- ▶ Number of tests performed for gonorrhea – 6,763, syphilis – 893, and HIV – 2,110
- ▶ Number of female users who received a chlamydia test – 6,128 or a Pap test – 2,863



• Clinic locations

Pop. per sq. mi. Less than 25
 25 - 99
 100 or more

Overview of Services Offered

As a Title X recipient, Maine Family Planning provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the Maine Family Planning network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).



Pregnancy assistance and counseling

- Counseling on achieving pregnancy
- Preconception health services
- Pregnancy testing and counseling
- Basic infertility services



Contraceptive services

- FDA approved long-acting contraceptives
- FDA approved short-acting contraceptives
- Natural family planning methods



STI services

- STI and HIV education and counseling
- STI and HIV screening and testing
- ◐ STI and HIV treatment
- STI self-testing
- Expedited partner therapy
- PrEP counseling and risk assessment
- PrEP prescription services
- PEP counseling
- PEP prescription services



Other preventative health services

- Screening for breast cancer
- Screening for cervical cancer
- ◐ HPV vaccinations
- Screening for intimate partner violence
- Screening for mental health
- Screening for obesity
- Screening for smoking, drug, and alcohol use
- Adolescent-friendly health services

LEGEND

- Available at all service sites
- ◐ Available at service sites and through referrals
- Available through referral only

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

