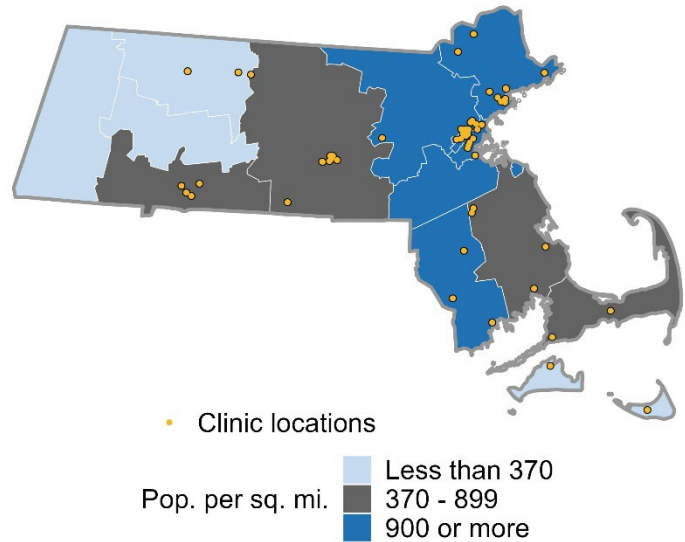


Massachusetts Department of Public Health

The Massachusetts Department of Public Health (MDPH) is a state health department that has been a statewide Title X grant recipient since the early 2010s. They deliver services to approximately 70,000 clients through a mix of subrecipient agencies operating across Massachusetts, which include hospitals, family planning clinics, federally qualified health centers (FQHCs), and school-based health centers.¹







Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 67,318
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 24,049 (48%); all FP users with incomes below 250% of FPL – 37,350 (74%)
- ▶ Number of tests performed for gonorrhea – 20,655, syphilis – 5,038, and HIV – 9,082
- ▶ Number of female users who received a chlamydia test – 15,422 or a Pap test – 10,950

Overview of Services Offered

As a Title X recipient, MDPH provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the MDPH network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ◐ FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ● STI and HIV treatment ◐ STI self-testing ● Expedited partner therapy ◐ PrEP counseling and risk assessment ◐ PrEP prescription services ◐ PEP counseling ◐ PEP prescription services 	<ul style="list-style-type: none"> ● Screening for breast cancer ● Screening for cervical cancer ◐ HPV vaccinations ● Screening for intimate partner violence ● Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
<p>LEGEND</p> <ul style="list-style-type: none"> ● Available at all service sites ◐ Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



To increase equitable access to all contraceptive methods, MDPH engaged the Partners in Contraceptive Choice and Knowledge's (PICCK) Community Advisory Board to share best practices for equitable telehealth services with its subrecipients. MDPH created a toolkit with PICCK for assessing social determinants of health in the clinical setting. MDPH also developed an eLearning course on racial equity for its subrecipients.

Innovations in Practice



To promote high-quality, client-centered care, MDPH for many years has had a training center in partnership with John Snow Institute called the Massachusetts Sexual and Reproductive Health Training Center (www.masrh.org). MASRH has webinars and eLearning courses on topics such as providing sexual and reproductive health (SRH) care to LGBTQIA+ populations, identifying dermatologic manifestations of STIs, combating ableism in SRH care, and improving care for birthing people with hypertension. MASRH also provides technical assistance (TA) for fiscal, administrative, and clinical issues, including quality improvement.

Did You Know?



To increase access to care, MDPH has a subrecipient agency with a mobile health initiative called Community Care in Reach, which deploys a mobile medical unit throughout western Massachusetts. The initiative provides addiction and harm reduction services, pregnancy testing, contraception, and HIV treatment to populations experiencing homelessness and substance use disorders.



In 2022, MDPH began leading the Massachusetts Title X Data Committee, which has been meeting for more than 25 years. At these meetings, the committee reviews program trends and identifies areas for improvement. They discuss TA needs of their Title X network, such as how to best support subrecipients that are working with the electronic health record vendors. They also regularly review the FPAR data elements, such as those related to contraceptive care and STI services, to ensure shared understanding of each data element across subrecipients.



MDPH has dedicated staff who oversee and manage the contracts in its Title X program. In doing this work, they prioritize contracting with organizations that focus on reproductive equity, racial justice, and improving SRH services for marginalized populations, such as youth, people experiencing homelessness, and LGBTQIA+, rural, and low-income populations. The staff have regular check-ins with all contractors to provide TA, trainings, and comprehensive quality improvement activities. The goal of these check-ins is to support subrecipient agencies so they are informed, prepared, and able to implement high-quality Title X services.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

Grant number: FPHPA006509

Website: www.mass.gov/sexual-and-reproductive-health-program-srh