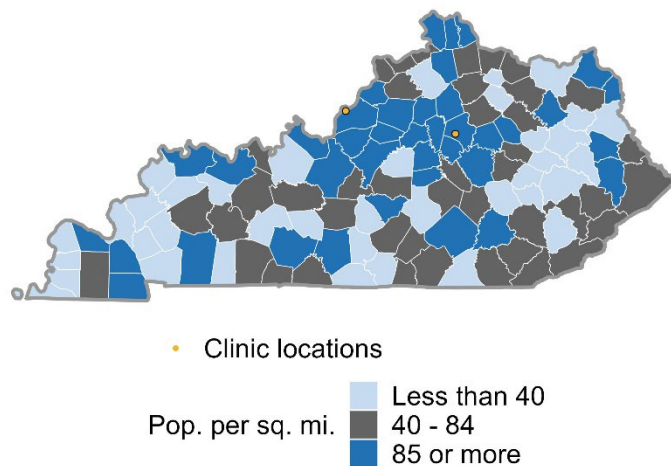


Planned Parenthood Great Northwest, Hawai'i, Alaska, Indiana, and Kentucky

Planned Parenthood Great Northwest, Hawai'i, Alaska, Indiana, and Kentucky (PPGNHAIK) is a nonprofit organization that has been delivering Title X services in Kentucky for over three decades. PPGNHAIK serves approximately 5,000 clients per year via standing family planning clinics in Jefferson and Fayette counties.¹





Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 1,842
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 721 (47%); all FP users with incomes below 250% of FPL – 1,263 (82%)
- ▶ Number of tests performed for gonorrhea – 707, syphilis – 94, and HIV – 380
- ▶ Number of female users who received a chlamydia test – 506 or a Pap test – 167



Overview of Services Offered

As a Title X recipient, PPGNHAIK provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the PPGNHAIK network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ● FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ● STI and HIV treatment ○ STI self-testing ● Expedited partner therapy ● PrEP counseling and risk assessment ● PrEP prescription services ● PEP counseling ● PEP prescription services 	<ul style="list-style-type: none"> ● Screening for breast cancer ● Screening for cervical cancer ● HPV vaccinations ● Screening for intimate partner violence ● Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
LEGEND <ul style="list-style-type: none"> ● Available at all service sites ○ Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



To better meet the needs of young people who identify as LGBTQIA+, PPGNHAIK offers an evidence-based sexual health program called IN-cluded: Inclusive Healthcare – Youth and Providers Empowered. The grantee offers this program to its health care providers and clinical staff and to young people in the community. The program aims to improve sexual health outcomes for LGBTQIA+ youth, who are less likely to access health care due to past or perceived negative or discriminatory treatment at clinics. The program includes a three-hour workshop for youth who identify as LGBTQIA+ on sexual health topics and how to access health care, along with two 90-minute workshops for health care providers and clinical staff on best practices for providing care to LGBTQIA+ young people. The health center workshops are co-facilitated by adult facilitators and peer (youth) educators.

Innovations in Practice



PPGNHAIK is partnering with define&empower to train health care providers and clinical staff to create a more equitable and inclusive environment for staff and clients. Define&empower is a strategic and creative incubator for applied Black feminist thought. It helps organizations such as Planned Parenthood redefine their relationship to difference and move toward more equitable futures. In this particular collaboration, define&empower is working with PPGNHAIK to examine its workplace culture and practices to ensure the perspectives and lived experiences of all staff and clients, regardless of their race, sexual orientation, or gender, are welcomed and respected in the clinical environment they work or receive care in.

Did You Know?



PPGNHAIK is working to expand telehealth in Kentucky. At this time, about 15 percent of visits are telehealth. Telehealth encounters mirror in-person visits in terms of standards of care and required medical record documentation. Title X services that can be provided via site-to-site telehealth include pregnancy testing and counseling on pregnancy options, asymptomatic STI screening and treatment (including renewal of antiviral prescriptions), dispensing contraception (except IUDs and implants), and PrEP initiation or renewal and initiation of nonoccupational post-exposure prophylaxis (nPEP). Telehealth service offerings are subject to change based on state and federal laws and regulations.



To better identify existing health inequities and barriers, PPGNHAIK completed a Disparity Needs Statement, using local demographic, cultural, and linguistic data soon after grant award. PPGNHAIK will use findings from its Disparity Needs Statement to inform continuous quality improvement strategies agencywide and in the Title X program; design effective interventions; and ensure maximum accessibility (for example, by deciding on the best hours of operation).



PPGNHAIK contracts with a company to develop and distribute client satisfaction surveys to improve client experience, safety, and quality. The grantee now emails or texts a client experience survey to every client about 24 hours after their visit. In addition to answering basic demographic questions, clients rate their experiences in several key domains like accessing care, provider experience, meeting personal needs, and overall assessment. To help monitor quality, PPGNHAIK uses a question about clients' likelihood to recommend its service as a key customer service performance indicator.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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Website: [Planned Parenthood Great Northwest, Hawai'i, Alaska, Indiana, Kentucky](#)