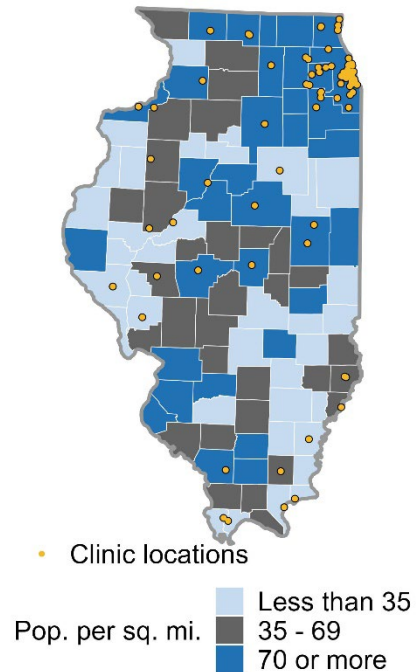


Illinois Department of Public Health

The Illinois Department of Public Health (IDPH) Illinois Family Planning Program (IFPP) has been a Title X grantee since the 1980s. The program delivers services to approximately 15,000 clients a year through subrecipient agencies operating in clinics across Illinois.¹





Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 115,155
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 43,627 (55%); all FP users with incomes below 250% of FPL – 59,339 (75%)
- ▶ Number of tests performed for gonorrhea – 43,961, syphilis – 12,893, and HIV – 14,423
- ▶ Number of female users who received a chlamydia test – 32,525 or a Pap test – 10,476



Overview of Services Offered

As a Title X recipient, IFPP provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the IFPP network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ● FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ◐ STI and HIV treatment ◐ STI self-testing ● Expedited partner therapy ◐ PrEP counseling and risk assessment ◐ PrEP prescription services ◐ PEP counseling ◐ PEP prescription services 	<ul style="list-style-type: none"> ● Screening for breast cancer ● Screening for cervical cancer ◐ HPV vaccinations ● Screening for intimate partner violence ● Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
<p>LEGEND</p> <ul style="list-style-type: none"> ● Available at all service sites ◐ Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



IFPP strives for equitable services by removing client barriers to care, especially in rural areas. In the past year, IFPP added subrecipient agencies to minimize the distance clients travel for care. Some of these subrecipients will serve border areas of the state that have recently seen increases in the number of clients from other states, and other subrecipients will provide telehealth. IFPP is building telehealth capacity across the network by providing targeted telehealth funding to the network for training and securing HIPPA-compliant platforms and equipment. Additionally, the cost of stocking long-acting reversible contraceptives (LARCs) has often been a barrier for smaller, rural clinics. Clients would need to be referred to another clinic for the LARC. To address this barrier and make LARCs available to all clients, IFPP increased the LARC reimbursement rate and helped with a statewide pre-purchase of these methods.

At the service site level, several clinics in rural areas are facilitating access to care by using mobile vans to deliver family planning services. These clinics are also working on community-centered outreach, using creative marketing strategies to increase knowledge of available services and clinic locations by advertising at movie theaters, laundromats, and bars frequented by key client demographic groups.

Innovations in Practice



IFPP works with the Department of Public Health's Adolescent Health Program to increase access to Title X services for teens through its direct support of school-based health centers. These school-based centers provide high-quality care in a youth-centered environment, with youth-friendly waiting rooms, videos, pamphlets, and magazines. After a successful pilot at one health center, this model has been replicated throughout the network. Although the school-based health centers have increased access to family planning services for adolescents, they allow access to the broader community through a separate clinic entrance. When feasible, waiting rooms for youth are separate. This is particularly helpful in rural areas, where clinic sites are limited.

Did You Know?



To expand Title X services to male clients, subrecipients in the IFPP network are using creative strategies to increase community awareness of services. Several sites are doing outreach and education in bars and barbershops. Another site is offering sports physicals, using those visits to discuss the Title X services available to male clients. At the grantee level, staff are working to build capacity at agencies to include slots in their schedule that are specifically for males to access family planning. As sites see more success, they are sharing lessons across the network to help those who are struggling with capacity building.



Through their continuous quality improvement efforts, grantee staff saw a need to improve the quality of care for clients with a disability. They are partnering with the University of Illinois Institute of Disability and Human Development to provide education to subrecipients and providers on how to conduct better outreach and provide higher quality care to people with a disability. This training will include ways to talk to clients and caregivers and will center people with disabilities, giving them a voice to talk about what they want in clinic visits and how best to reach them for services.



IFPP was part of a Chlamydia Screening Learning Collaborative with the Reproductive Health National Training Center and a county health department. The goal was to develop quality improvement strategies to increase chlamydia screening rates, especially in younger people with an increased risk of infection. Thanks to this collaboration, the county health department changed its pregnancy test protocol to offer gonorrhea and chlamydia testing. The department also educated providers on using inclusive language in client education around this testing. Although this work needed to be put on hold due to the COVID-19 pandemic, the effort resulted in alignment between the IDPH Sexually Transmitted Disease division and IFPP.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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Website: <https://dph.illinois.gov/topics-services/life-stages-populations/womens-health-services/family-planning.html>