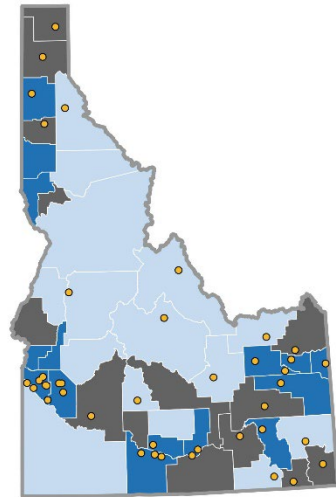


Idaho Department of Health and Welfare

Idaho Department of Health and Welfare (DHW) has been a statewide Title X grant recipient since the 1970s. DHW delivers services to approximately 6,000 clients a year through subrecipients including county health departments and federally qualified health centers (FQHCs).¹

Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 6,593
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 3,089 (47%); all FP users with incomes below 250% of FPL – 5,412 (82%)
- ▶ Number of tests performed for gonorrhea – 2,195, syphilis – 606, and HIV – 783
- ▶ Number of female users who received a chlamydia test – 1,714 or a Pap test – 1,174



• Clinic locations



Overview of Services Offered

As a Title X recipient, Idaho DHW provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the Idaho DHW network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).



Pregnancy assistance and counseling

- Counseling on achieving pregnancy
- Preconception health services
- Pregnancy testing and counseling
- Basic infertility services



Contraceptive services

- FDA approved long-acting contraceptives
- FDA approved short-acting contraceptives
- Natural family planning methods



STI services

- STI and HIV education and counseling
- STI and HIV screening and testing
- STI and HIV treatment
- ◐ STI self-testing
- ◐ Expedited partner therapy
- ◐ PrEP counseling and risk assessment
- ◐ PrEP prescription services
- ◐ PEP counseling
- ◐ PEP prescription services



Other preventative health services

- Screening for breast cancer
- Screening for cervical cancer
- ◐ HPV vaccinations
- Screening for intimate partner violence
- Screening for mental health
- Screening for obesity
- Screening for smoking, drug, and alcohol use
- Adolescent-friendly health services

LEGEND

- Available at all service sites
- ◐ Available at service sites and through referrals
- Available through referral only

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



Idaho DHW's subrecipients and service sites are strategizing ways to increase access to Title X services for their communities. This includes offering telehealth and expanding the availability of walk-in clinics across their network. Additionally, the Idaho DHW network includes several small clinics in remote rural areas, where traveling to clinics can be difficult due to long distances and limited public transportation and taxi or ride-share options. To address this challenge, sites work with other clinics in their area to provide consistent clinic hours each week so clients can schedule more than one health care appointment in one visit to the area. The FQHC subrecipients have mobile clinics that are used to provide Title X and other health care services to farm communities.

Innovations in Practice



Idaho DHW and its subrecipients are finding creative strategies to increase awareness about Title X services and clinic locations across the state. At the grantee level, DHW is promoting the project through dating apps, with messaging geared toward people ages 18–24, who have the highest rates of unplanned pregnancy in the state. DHW is also looking into ways to promote the program to younger people who may face cost or policy barriers to preventive services. One way it accomplishes this is by doing promotion at postsecondary and vocational schools. Idaho DHW also developed a poster in English and Spanish that can be used by subrecipients to promote the high quality, affordable services available through Title X. The poster contains a QR code that links to the clinic locator web page. Subrecipients are also strategizing ways to increase awareness of the program. One agency in the network has partnered with a popular local pharmacy to provide information about the Title X clinics and services provided by the pharmacy.

Did You Know?



Coming out of the COVID-19 pandemic, Idaho DHW saw a need to increase screening for mental health, substance abuse, and social determinants of health. The grantee asked its network of Title X providers to increase screening, however, this effort presented a challenge for clinic staff who were already working at capacity. To support them, subrecipients brought on care coordinators that serve sites across the network to ensure that clients who were identified as needing services based on screening were getting the referrals and connections they needed.



Idaho DHW is working with subrecipient agencies to integrate culturally appropriate care into its operations, with the goal of increasing quality of care for all its clients. Subrecipients developed disparity impact statements that include activities to increase staff's cultural humility. Additionally, clinics are hiring staff who represent the communities they serve and making sure translation services are available so they can successfully communicate with anyone who comes in for services. The grantee also helps improve quality of care by offering training in implicit bias for providers.



Idaho DHW collaborates closely with other state programs such as Temporary Assistance for Needy Families (TANF) to increase community knowledge of the Title X program. As part of this collaboration, a free program called Families Talking Together encourages parents and guardians to be involved in youth's sexual health by teaching them how to talk to their children about this topic. Through the collaboration with TANF, DHW shares information about Title X services and clinics with parents and guardians.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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Website: <https://healthandwelfare.idaho.gov/>