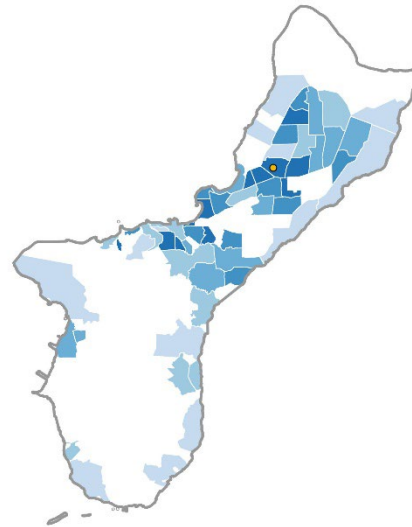


Guam Department of Public Health and Social Services

The Guam Department of Public Health and Social Services (DPHSS) is a state agency that provides Title X services at a service delivery site within the local health department. It delivers services to approximately 300 clients per year across the island of Guam.¹

Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 354
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 339 (96%); all FP users with incomes below 250% of FPL – 351 (99%)
- ▶ Number of tests performed for gonorrhea – 254, syphilis – 300, and HIV – 296
- ▶ Number of female users who received a chlamydia test – 227 or a Pap test – 0







• Clinic locations

Pop. per sq. mi. Less than 640 640 - 1,419 1,420 - 2,514 2,515 - 3,934 3,935 or more

Overview of Services Offered

As a Title X recipient, DPHSS provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the DPHSS network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ● FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ● STI and HIV treatment ● STI self-testing ● Expedited partner therapy ○ PrEP counseling and risk assessment ○ PrEP prescription services ○ PEP counseling ○ PEP prescription services 	<ul style="list-style-type: none"> ● Screening for breast cancer ● Screening for cervical cancer ● HPV vaccinations ○ Screening for intimate partner violence ○ Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
<p>LEGEND</p> <ul style="list-style-type: none"> ● Available at all service sites ○ Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



DPHSS's focus on advancing health equity is centered on promoting comprehensive health care for all. The grantee recognizes that working in programmatic siloes is not in the best interest of the public health care system or the people it is trying to reach. Instead, DPHSS approaches health care comprehensively to leverage the resources of each division within the health care system and promote healthy living. This comprehensive approach also is intended to reduce the stigma associated with some health care services by offering those services at the same time and place as other routine services. For example, at community outreach events, DPHSS offers STI screening alongside diabetes screening, sending a message that sexual health is a regular part of overall health.

Innovations in Practice



By positioning FP as part of a client's overall health, the DPHSS has been able to engage more men in its programs, which has increased the number of males seeking FP information and services. To achieve this, the program hosted meetings with providers and other program staff to discuss the reasons why fewer males sought FP services and to brainstorm strategies to involve more men. Subsequent trainings for providers focused on providing more gender- and culturally sensitive care to men. The program also made active changes to encourage women to bring their male partners to FP visits so that they, too, could receive information and services.

Did You Know?



Guam, as an island territory, has unique health care access issues as do its residents. Clients, like those of other Pacific Island communities, are diverse and multilingual and require a corresponding range of care. Given the island's small size (30 miles long) and population (approximately 169,000 residents), many health care services are unavailable. Its physical location also puts Guam at the center of global political shifts that can impact the day-to-day lives of its residents, and, in turn, the availability of and access to a full range of health care services. DPHSS staff value opportunities to share and collaborate with other Title X grantees serving islands in the Pacific Ocean and hope to engage in cross-learning with grantees operating in similar contexts.



DPHSS recognizes the value of quality data, policies, and procedures through which to evaluate and improve its work. To improve the quality of its data, DPHSS is working to adopt a new electronic health records system. To improve the quality of training, monitoring, and evaluation, it is collaborating with the Reproductive Health National Training Center to review and update policy and procedure manuals to align with the latest guidance; this will help ensure DPHSS is offering quality family planning to all who need it.



To reach more young people with information about sexual and reproductive health, DPHSS has invested in building a strong relationship with the Department of Education and school leaders. Strengthening this collaboration has been challenging given the highly sensitive nature of sexual health. A long-term goal for this collaboration is to be able to integrate telehealth services in schools by setting up a computer station where students can obtain information about FP and speak confidentially with a FP provider.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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