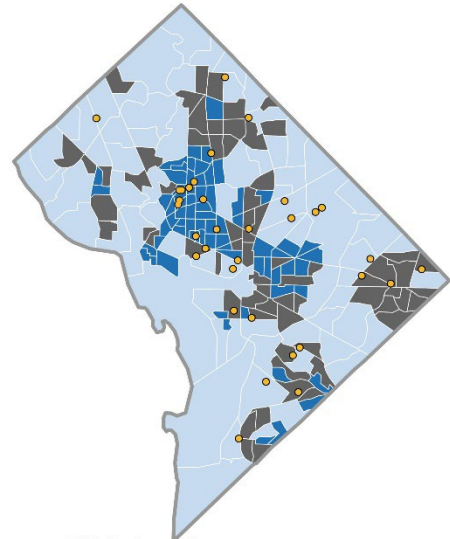


Unity Health Care, Inc.

Unity Health Care, Inc. (Unity) is a nonprofit federally qualified health center (FQHC) serving all eight wards of the District of Columbia (D.C.). Unity has been a Title X grant recipient since the 2000s. It delivers services to approximately 90,000 clients annually through a network of its own service sites and subrecipient agencies, which use a mix of clinic types including FQHCs and school-based health centers.¹

Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 108,631
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 15,205 (32%); all FP users with incomes below 250% of FPL – 25,258 (53%)
- ▶ Number of tests performed for gonorrhea – 35,178, syphilis – 28,858, and HIV – 28,376
- ▶ Number of female users who received a chlamydia test – 18,923 or a Pap test – 10,728







• Clinic locations

Pop. per sq. mi.

- Less than 11,400
- 11,400 - 22,934
- 22,935 or more

Overview of Services Offered

As a Title X recipient, Unity provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the Unity network. The data shown below are not specific to any particular site but rather representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ● FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ○ Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ● STI and HIV treatment ○ STI self-testing ○ Expedited partner therapy ● PrEP counseling and risk assessment ● PrEP prescription services ○ PEP counseling ○ PEP prescription services 	<ul style="list-style-type: none"> ● Screening for breast cancer ● Screening for cervical cancer ● HPV vaccinations ● Screening for intimate partner violence ● Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
<p>LEGEND</p> <ul style="list-style-type: none"> ● Available at all service sites ○ Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study. Title X services are not administered at the correctional facilities where Unity provides clinical services.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



Unity is a well-known and accessible health system in DC, especially for those without insurance and those with low income. Unity and subrecipient agencies offer comprehensive clinical and wraparound services including primary care, social services, behavioral health consultations, and seamlessly integrated Title X STI and family planning services across all patient care divisions. For example, a client can refill asthma medication and receive same-day access to short- and long-term contraceptive methods, STI testing, a referral to the Special Supplemental Nutrition Program for Women, Infants, and Children, and a behavioral health assessment in one visit. Unity's flexible and comprehensive service model allows patients with limited access to child care, transportation, or sick leave to easily schedule and make the most of their visits to Unity.

Innovations in Practice



Unity is strengthening its data collection and tracking capabilities to find disparities in STI testing and follow-up care across DC. This includes standardizing data collected across Unity sites to provide clear metrics for STI screening and improved delivery of support services. Looking ahead, Unity intends to work with its Title X network to provide ongoing technical assistance through continuous quality improvement activities such as Plan-Do-Study-Act (PDSA) cycles to implement and track STI data collection. Standardizing data collection and tracking capabilities fosters a culture of continuous quality improvement and support across Unity's subrecipient network.

Did You Know?



Unity has intentionally built a culture of normalizing STI screening and testing across all service sites, including school-based clinics. This includes making STI screening and testing a standard practice for routine care visits which has improved access to STI services for all clients, reduced stigma, and facilitated client follow-up. In addition, Unity has on-site infectious disease specialists so that persons who test positive for chronic infections such as HIV, hepatitis B, and hepatitis C can receive comprehensive care at their initial point of service.



Unity closes its clinics once a month for a patient safety and quality meeting for service providers, clinical staff, and leadership from all service sites. The monthly meeting focuses on a specific training topic and sets priorities for clinic staff. All training sessions are recorded and posted online. For example, one meeting focused on disseminating STI treatment and testing data by service site to outline future quality improvement initiatives designed to increase rates of treatment and follow-up testing.



Unity's partnership with the DC Primary Care Association (DCPCA) allows Unity to attend large meetings with health care and social service providers in DC and learn more about gaps in care or client needs across DC. The partnership with DCPCA created an opportunity for Unity to work with the Latin American Youth Center to co-design a pilot for young parents focused on establishing and achieving reproductive health goals.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

Grant number: FPHPA006533

Website: www.unityhealthcare.org