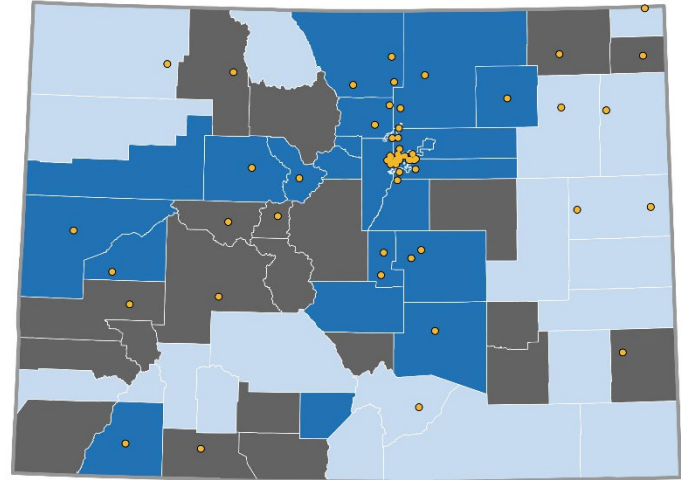


Colorado Department of Public Health & Environment

The Colorado Department of Public Health & Environment (CDPHE) is a state agency that has been a statewide Title X grant recipient since the 1970s. CDPHE offers Title X services through a network of subrecipient agencies and service sites across the state. Service sites include a mix of city or county health departments, hospitals, freestanding family planning clinics, federally qualified health centers (FQHCs), and a community/migrant health center.¹

Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 67,901
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 33,687 (77%); all FP users with incomes below 250% of FPL – 41,252 (95%)
- ▶ Number of tests performed for gonorrhea – 25,371, syphilis – 8,017, and HIV – 11,477
- ▶ Number of female users who received a chlamydia test – 17,176 or a Pap test – 3,801



• Clinic locations

Pop. per sq. mi. ■ Less than 5
 ■ 5 - 19
 ■ 20 or more

Overview of Services Offered

As a Title X recipient, CDPHE provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the CDPHE. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).



Pregnancy assistance and counseling

- Counseling on achieving pregnancy
- Preconception health services
- Pregnancy testing and counseling
- Basic infertility services



Contraceptive services

- FDA approved long-acting contraceptives
- FDA approved short-acting contraceptives
- Natural family planning methods



STI services

- STI and HIV education and counseling
- STI and HIV screening and testing
- ◐ STI and HIV treatment
- STI self-testing
- ◐ Expedited partner therapy
- ◐ PrEP counseling and risk assessment
- ◐ PrEP prescription services
- PEP counseling
- PEP prescription services



Other preventative health services

- ◐ Screening for breast cancer
- Screening for cervical cancer
- HPV vaccinations
- Screening for intimate partner violence
- Screening for mental health
- Screening for obesity
- Screening for smoking, drug, and alcohol use
- Adolescent-friendly health services

LEGEND

- Available at all service sites
- ◐ Available at service sites and through referrals
- Available through referral only

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



CDPHE has taken steps to improve the inclusivity and availability of its services for clients. The grantee created a Health Equity and Reproductive Justice action plan in fall 2021 and continually prioritizes staff professional development on inclusive care, reproductive justice, and gender-affirming care. For example, CDPHE organized a workshop for clients in fall 2022 that focused on training staff on the principles of gender-affirming care and best practices for working with populations with diverse gender identities. CDPHE also has some service sites based in children's hospitals to increase access and service delivery for patients who are age 26 and younger. Some of these service sites have implemented on-demand telehealth on their websites to address any barriers youth might face in accessing care.

Innovations in Practice



CDPHE received a one-year grant to expand telehealth services, a grantee priority. To prepare for this expansion and inform outreach efforts, CDPHE hired a social marketing company to conduct user research on perceptions of telehealth across the state. The research focused on two audiences, those who are comfortable using telehealth and those who are not using telehealth but are curious about what it might offer. CDPHE used findings from this research to create targeted outreach that would resonate with these two audiences and address any of their concerns. CDPHE is currently exploring the feasibility of expanding telehealth services and considering how they might be able to support service sites interested in delivering telehealth across the state.

Did You Know?



The grantee plans to partner with the CDPHE Office of STI/HIV and Viral Hepatitis (VH) to improve the provision of STI services in Title X clinics in response to increasing rates of STIs. Through this partnership, CDPHE will work with the CDPHE Office of STI/HIV and VH to offer subrecipients with low STI screening and treatment rates access to training and technical assistance. CDPHE also plans to support subrecipients' quality improvement efforts related to increasing screening and treatment rates.



CDPHE is taking time to reinvigorate its quality assurance process and approaches to quality improvement with subrecipients. Currently, the grantee plans to carry out a three-year approach to quality assurance with various subrecipients. In Year 1, CDPHE plans to conduct an administrative and fiscal site visit; in Year 2, to conduct a clinical site visit; and in Year 3, to focus on a chart audit. Throughout this three-year process, CDPHE plans to share findings and results with subrecipients to improve quality.



CDPHE is exploring opportunities to expand its partnerships with various community organizations across the state. For example, one service site is partnering with the Colorado Coalition for the Homeless (CCH). CCH has locations across the state and acts a one-stop shop that offers a wide range of integrated and inclusive health services for people experiencing homelessness. This partnership allows the service site and CCH to provide family planning services to those experiencing homelessness. In addition to working with CCH, CDPHE is exploring opportunities to partner with Medicaid agencies to improve access to Title X services for individuals who qualify for Medicaid.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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Website: <https://cdphe.colorado.gov/fpp>