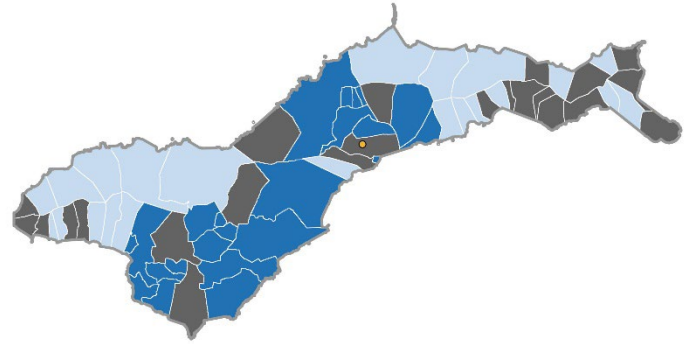


American Samoa Medical Center Authority

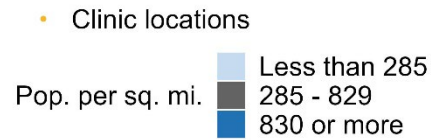
American Samoa is a U.S. territory consisting of seven islands in the South Pacific Ocean.

This grantee dba American Samoa Family Planning Program (ASFPP) is part of the Lyndon B. Johnson Tropical Medical Center, the only hospital in America Samoa. ASFPP has managed the territory's Title X Family Planning (FP) program since 1998. It delivers services to approximately 1,800 persons through one clinic on the most populous island of Tutuila. Program staff also conduct biannual visits to the less populated Manu'a islands.¹







Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 1,728
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 1,141 (100%); all FP users with incomes below 250% of FPL – 1,141 (100%)
- ▶ Number of tests performed for gonorrhea – 57, syphilis – 29, and HIV – 13
- ▶ Number of female users who received a chlamydia test – 58 or a Pap test – 61



Overview of Services Offered

As a Title X recipient, ASFPP provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the ASFPP network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ● FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ● Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ◐ STI and HIV treatment ○ STI self-testing ● Expedited partner therapy ○ PrEP counseling and risk assessment ○ PrEP prescription services ○ PEP counseling ○ PEP prescription services 	<ul style="list-style-type: none"> ● Screening for breast cancer ● Screening for cervical cancer ○ HPV vaccinations ● Screening for intimate partner violence ○ Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
<p>LEGEND</p> <ul style="list-style-type: none"> ● Available at all service sites ◐ Available at service sites and/or through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



ASFPP is the only program that provides FP and sexual and reproductive health services in American Samoa. The clinic is located at the center of the 54-square-mile main island of Tutuila, positioning it to serve people living in both the eastern and western districts of the island; this makes it easier for people to travel to the clinic. Working collaboratively with the Department of Health, ASFPP staff pool limited resources to travel by plane to more remote locations including the Manu'a islands. They set up pop-up sites in those locations that provide a range of services, including Pap smears, breast cancer screening, STI services, and contraception. This approach provides access to people without direct transportation to the main clinic in Tutuila.

Innovations in Practice



Due to the islands' high teen pregnancy rates, youth are a priority population for ASFPP. Much of American Samoa is characterized by small, tight-knit communities in which family and faith play a major role. ASFPP has consequently developed strong partnerships with faith-based organizations and schools to reach youth. One of these partnerships with faith-based organizations, schools, and the American Samoa Department of Education is the Begins with Me teen health and pregnancy prevention program. In Begins with Me, ASFPP works closely with church youth group leaders and school staff to hold workshops for teens to discuss topics such as puberty and teen pregnancy. Parents often attend these workshops as well. ASFPP encourages parents who are in attendance, particularly men, to use ASFPP services for their own FP and SRH needs.

Did You Know?



Given the remote location of American Samoa in the Western Pacific, it used to take several weeks to obtain STI test results from the U.S. mainland. To meet this challenge, the laboratory services unit of the LBJ Tropical Medical Center recently purchased a new machine to process swabs and urine tests for gonorrhea and chlamydia, which has significantly cut down the turnaround time for obtaining STI test results. The unit also has processes in place to ensure adequate stock of STI testing supplies on the islands.



Data have played a vital role in ASFPP's ability to establish partnerships. For example, sharing data on teen pregnancy trends with faith-based organizations and the Department of Education has been key to getting their buy-in on the importance of youth-focused programming, getting their assistance with youth outreach, and establishing education programs for adolescents. ASFPP would like to continue using this approach to improve outreach to men and LGBTQIA+ populations.



ASFPP has partnered with the Reproductive Health National Training Center (RHNTC) and the Centers for Disease Control and Prevention (CDC) to improve access to and quality of contraceptive services. ASFPP works with RHNTC to train clinicians in contraceptive implant and intrauterine device (IUD) insertion and removal. It has also worked with the CDC to co-facilitate focus groups to develop multi-language education materials and public service announcements (PSAs) in Samoan and Fijian, and in Filipino and Vietnamese dialects. These materials and PSAs have been distributed to all islands in American Samoa for the past two years.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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