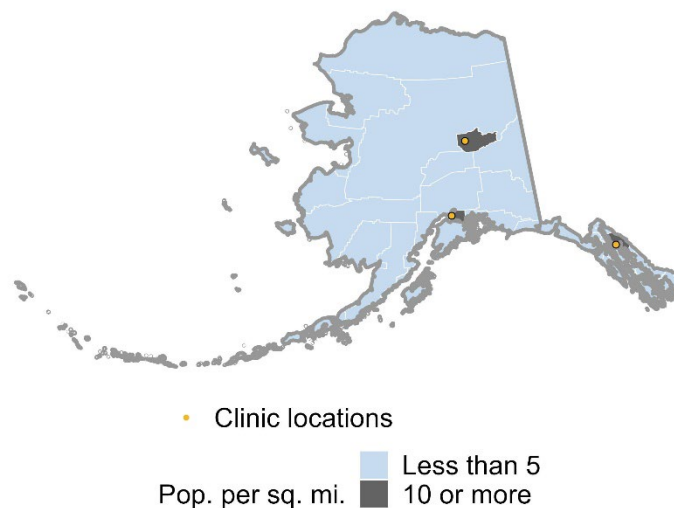


# Planned Parenthood Great Northwest, Hawai'i, Alaska, Indiana, and Kentucky

Planned Parenthood Great Northwest, Hawai'i, Alaska, Indiana, and Kentucky (PPGNHAIK) is a nonprofit organization that has been delivering Title X services in Alaska since the early 2000s. PPGNHAIK serves approximately 5,500 clients per year in three freestanding family planning clinics in the boroughs of Anchorage, Juneau, and Fairbanks North Star.<sup>1</sup>

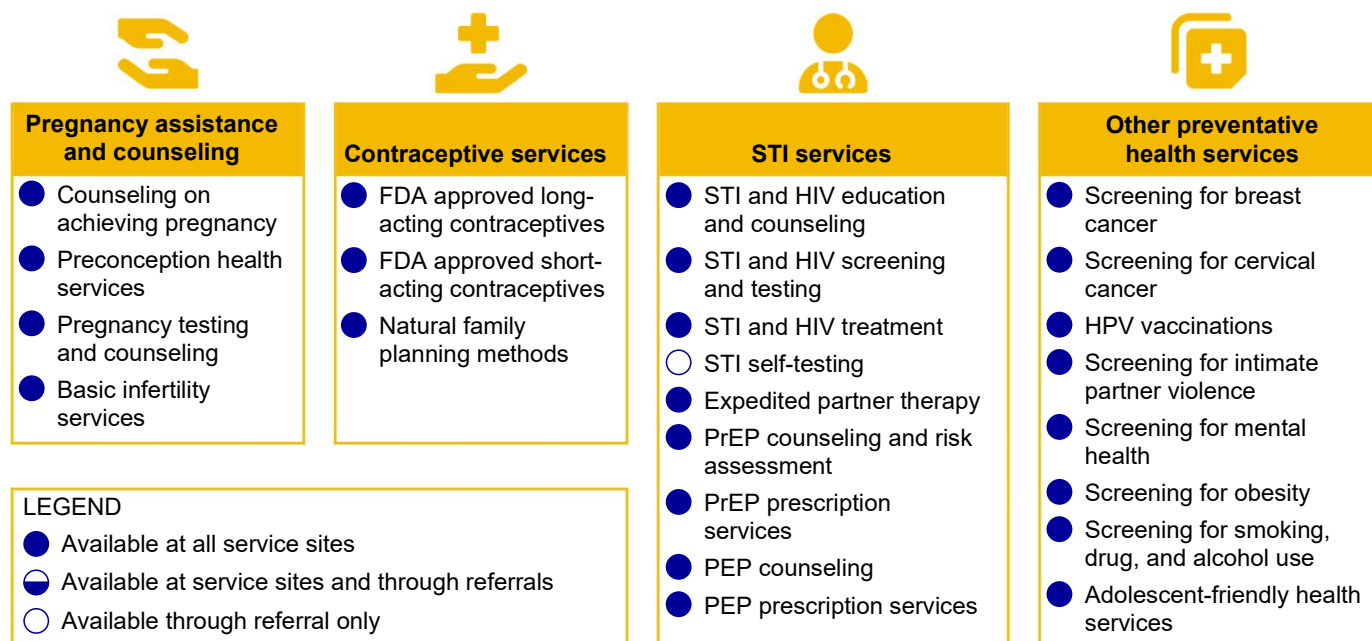
## Stats at a Glance<sup>2</sup>

- ▶ Number of family planning (FP) encounters – 1,446
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 455 (36%); all FP users with incomes below 250% of FPL – 945 (74%)
- ▶ Number of tests performed for gonorrhea – 623, syphilis – 410, and HIV – 431
- ▶ Number of female users who received a chlamydia test – 440 or a Pap test – 167



## Overview of Services Offered

As a Title X recipient, PPGNHAIK provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.<sup>3</sup> The infographic below is an Overview of Services Offered within the PPGNHAIK network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).



<sup>1</sup> Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

<sup>2</sup> Source: Family Planning Annual Report (FPAR): [2022 National Summary](#). This grantee provided Title X services from August 1, 2022, through December 31, 2022; the data reflect this abbreviated time period.

<sup>3</sup> See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

## Equity in Practice



To better meet the needs of young people who identify as LGBTQIA+, PPGNHAIK offers an evidence-based sexual health program called IN-cluded: Inclusive Healthcare—Youth and Providers Empowered to its health care providers and clinical staff and young people in the community. The program aims to improve sexual health outcomes for LGBTQIA+ youth as they are more likely to engage in unprotected sex than their straight and cisgender peers are, and are less likely to access health care due to past or perceived negative or discriminatory treatment at clinics. The program includes a three-hour workshop for youth who identify as LGBTQIA+ on sexual health topics and how to access health care, along with two 90-minute workshops for health care providers and clinical staff on best practices for providing care to LGBTQIA+ young people. Adult facilitators and peer (youth) educators co-facilitate the health center workshops.

## Innovations in Practice



PPGNHAIK partners with the Alaska Native Tribal Health Consortium HIV/STD Prevention Program through an initiative called iKnowMine to distribute educational materials and resources like condoms and STI and HIV self-testing kits at no cost to clients statewide. Anyone can request the self-testing kits through the initiative's website. The service aims to meet the needs of clients living in remote and rural areas with limited access to health care and to reduce client concerns about the privacy and confidentiality of in-person testing. The kits use a self-swab method, allowing clients to test at their convenience. A nurse case manager is connected with each user, ensuring that individuals have the support they need to accurately use and interpret the test, know whom to follow up with on results, and can answer any questions pertaining to the kit, including safe-sex and risk-reduction counseling.

## Did You Know?



PPGNHAIK has decades of experience raising awareness about Title X and related services. Recently, the education team partnered with the State of Alaska's Office of Children's Services and the Child Welfare Academy to deliver workshops on a variety of sexual health topics to youth enrolled in the Foster Care's Independent Learning Program. They also provided workshops during the annual statewide Facing Foster Care in Alaska retreat. These workshops were well attended, with Alaska Native youth accounting for nearly half of attendees.



To better identify existing health inequities and barriers, PPGNHAIK completed a Disparity Needs Statement using local demographic, cultural, and linguistic data soon after grant award. PPGNHAIK will use findings from its Disparity Needs Statement to inform continuous quality improvement strategies agencywide and for the Title X program, design effective interventions, and ensure maximum accessibility (for example, by deciding on the best hours of operation).



To address higher-than-average rates of alcohol and substance use among Alaskans, PPGNHAIK participated in a multiyear collaborative project with the University of Alaska to implement Screening, Brief Intervention, and Referral to Treatment (SBIRT), an evidence-based approach to identify clients who use alcohol or other drugs at risky levels. On average, PPGNHAIK staff screen for substance use at 80 percent of wellness visits and provide full screening, brief interventions, and referral information as needed. The goal of the initiative is to provide accurate and useful information to clients to improve their overall health and well-being and to reduce the number of alcohol-exposed pregnancies.

## About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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Website: <https://www.plannedparenthood.org/planned-parenthood-great-northwest-hawaii-alaska-indiana-kentuck>