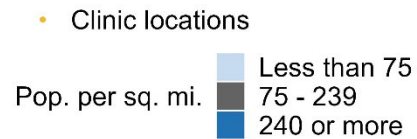
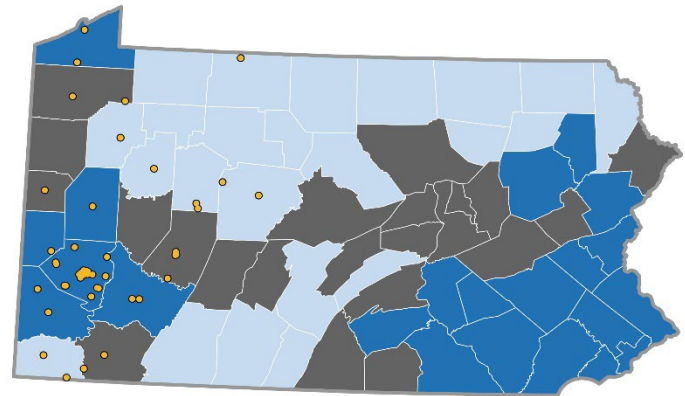


Adagio Health

Adagio Health has been a Title X grantee since 1971 and providing services since the 1970s in Pennsylvania, West Virginia, and New York. Under its Western Pennsylvania grant, Adagio serves approximately 34,000 persons annually in 23 counties. Including Adagio Health's own clinic, its network consists of nearly 20 subrecipients operating service sites to provide reproductive health care services at low or no cost. The subrecipients include hospitals, freestanding family planning clinics, federally qualified health centers (FQHCs), a midwife center, and a Ryan White clinic.¹







Stats at a Glance²

- ▶ Number of family planning (FP) encounters – 54,356
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 22,559 (70%); all FP users with incomes below 250% of FPL – 28,625 (89%)
- ▶ Number of tests performed for gonorrhea – 21,270, syphilis – 6,227, and HIV – 6,896
- ▶ Number of female users who received a chlamydia test – 13,038 or a Pap test – 7,313

Overview of Services Offered

As a Title X recipient, Adagio Health provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.³ The infographic below is an Overview of Services Offered within the Adagio Health network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 Pregnancy assistance and counseling	 Contraceptive services	 STI services	 Other preventative health services
<ul style="list-style-type: none"> ● Counseling on achieving pregnancy ● Preconception health services ● Pregnancy testing and counseling ● Basic infertility services 	<ul style="list-style-type: none"> ● FDA approved long-acting contraceptives ● FDA approved short-acting contraceptives ◐ Natural family planning methods 	<ul style="list-style-type: none"> ● STI and HIV education and counseling ● STI and HIV screening and testing ● STI and HIV treatment ◐ STI self-testing ◐ Expedited partner therapy ◐ PrEP counseling and risk assessment ◐ PrEP prescription services ◐ PEP counseling ◐ PEP prescription services 	<ul style="list-style-type: none"> ● Screening for breast cancer ● Screening for cervical cancer ● HPV vaccinations ● Screening for intimate partner violence ● Screening for mental health ● Screening for obesity ● Screening for smoking, drug, and alcohol use ● Adolescent-friendly health services
<p>LEGEND</p> <ul style="list-style-type: none"> ● Available at all service sites ◐ Available at service sites and through referrals ○ Available through referral only 			

¹ Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

² Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

³ See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

Equity in Practice



Adagio Health has made it a priority to serve military veterans who have experienced physical and sexual trauma. The recipient partners with veterans' groups to support and serve female veterans who do not feel comfortable going to the VA hospital. Adagio Health has conducted sensitivity and cultural competency trainings for staff to improve access to and quality of services for female veterans. Adagio Health's efforts consisted of a series of eight trainings on how to be more trauma informed and a strategic initiative led by a female veteran, which included lunch-and-learn opportunities for staff.

Innovations in Practice



Adagio Health creates a number of digital marketing campaigns every year promoting the availability of family planning services throughout its network, along with specific preventive education messages on the importance of reproductive health care. The digital campaigns direct clients to the website's location page or a toll-free number so the client can be connected to a nearby service site. Several of Adagio Health's service sites use social media platforms like Facebook, Twitter, etc., to conduct outreach as well. Adagio Health created a youth advisory committee of diverse students to advise on the use of digital marketing tools and strategies. This youth advisory committee provides feedback on the digital media outreach materials for youth and works on an annual project about a specific reproductive health topic important to the group members. This group of diverse youth has helped Adagio Health and its service sites to become more welcoming to youth and other populations such as the LGBTQIA+ community.

Did You Know?



Adagio Health held pop-up clinics in areas where it does not provide services. The clinics partnered with LGBTQIA+ centers and secondary education institutions to offer screenings, exams, and contraceptives. Adagio also provides specialized services like "Safe Sex" games mimicking the format of the Olympics at college campuses, and conducted STI screenings on World AIDS Day.



Adagio Health worked to develop service delivery models that focus on alleviating staff burden—for example, by moving in-person trainings to virtual, creating a succinct and easy-to-access family planning reference manual for staff to use during onboarding, archiving all previous trainings online to help onboarding, and improving workflow efficiency by moving all learning materials to SharePoint instead of mailing them to service sites.



Adagio Health has established strong partnerships with colleges, universities, and trade schools, providing services directly on-site and through student health centers on campus. Adagio added important family planning information to college orientation welcome kits. Adagio has also partnered with drug and alcohol centers, youth residential homes, and detention centers to ensure people receive important resources and information in their release packets to let them know where they could access services.

About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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Website: <https://www.adagiohealth.org/>