West Virginia Family Planning Program is helping teens make healthy choices. The Real Talk video series is part of a community outreach and education project in coordination with the West Virginia Family Planning Program (WV FPP). The Adolescent Pregnancy Prevention Initiative (APPI) is a focus area of the WV FPP and works to increase public awareness about teen pregnancy challenges and family planning services. The APPI team helped develop the scripts for this project.

APPI collaborates with existing community organizations to promote local activities and provides abstinence-based education but includes information about contraception and access to family planning services. Working with public schools statewide, APPI reaches thousands of young people each year.

These brief video clips are conversation starters around reproductive health topics that can be used by teachers and parents or viewed by teens to facilitate healthy conversations, learning opportunities, a chance to build skills, and increase knowledge. Topics were selected based on frequently asked questions and skill building components for youth. These videos were filmed to help with outreach during the pandemic when we were not able to go into the classroom.

Watch all the Real Talk videos:
- Answering Sensitive Questions
- Contraception
- Family Planning
- Healthy Relationships
- Introduction
- Mythbusters
- Ovulation Demonstration
- Reproductive Life Planning
- What About STIs

This story was written by West Virginia Family Planning Program.