



HHS Office of Population Affairs Evaluation and Research

The Office of Population Affairs (OPA) is committed to expanding evidence, monitoring project performance, and advancing best practices to improve the health of adolescents and adults served by OPA grant programs and the broader fields of pregnancy prevention and family planning in the United States.

Title X Family Planning Program

OPA supports activities to improve the delivery of family planning and other related preventive health services through the Title X Family Planning Program.

Family Planning Annual Report

All Title X grantees are required to submit the Family Planning Annual Report (FPAR) for purposes of monitoring and reporting program performance. FPAR provides grantee-level, aggregate data on the demographic and social characteristics of Title X clients and their use of family planning and related preventive health services, staffing, and revenue.

FPAR 2.0

OPA is developing an interoperable, standards-based reporting system that can be used to collect a set of defined encounter-level data elements from all Title X grantees. FPAR 2.0 will be the first of its kind in the reproductive health sector and is expected to enrich the current data available from Title X grantees. Additionally, it will improve OPA's ability to assess service delivery related to women's health, family planning, and related preventive health issues.

Contraceptive Care Measures

The contraceptive care measures assess the provision of contraception to all women in need of contraceptive services. Endorsed by the National Quality Forum in 2016, these performance measures reflect the fact that some contraceptive methods are more effective than others at preventing unintended pregnancy. The measures are designed to encourage providers to offer a range of most and moderately effective methods and provide a way to measure and assess this provision.

Service Delivery Improvement Research

In 2019, OPA awarded Title X Service Delivery Improvement research grants to several organizations to:

- examine ways to improve the patient experience of care to optimize health system performance;
- identify innovative family planning clinical service delivery models that could be used to provide quality family planning services outside of the traditional clinic setting; and
- fill a critical gap in knowledge on how to increase access to family planning services for women and men who misuse opioids and/or other substances.



Evaluation and Research

Teen Pregnancy Prevention Program

Since 2010, the Office of Adolescent Health, now part of OPA, has conducted evaluations of evidence-based and new and innovative programs designed to prevent teen pregnancy and reduce rates of sexually transmitted infections as part of the Teen Pregnancy Prevention (TPP) grant program. In 2019, the TPP program included a focus on promoting optimal health.

What We Have Learned

The majority of OPA's TPP research portfolio comes from the evaluations of the Tier 1 and Tier 2 grantees in the Fiscal Year (FY) 2010-2014 cohort. During this time, OPA also sponsored overarching studies that evaluated:

- the implementation and impacts of innovative program strategies;
- untested approaches to prevent teen pregnancy;
- the sustainability, replicability, and cost of popular TPP program models;
- the process of scaling up and implementing multi-component community-based TPP strategies; and
- characteristics of TPP interventions, such as which settings and implementation factors are effective and for whom they work best.

What We Are Learning

The FY 2015-2019 grantee evaluations built off the lessons learned from previous grantees to provide greater detail about how different components of TPP programs work together. In addition to these evaluations, OPA is conducting additional research studies, including:

- qualitative analysis of various types of program implementation;
- large-scale evaluations of the effectiveness of multiple popular TPP program models when implemented across various settings and populations; and
- core components investigations.

FY 2020 TPP Research Grants

In 2020, OPA is funding grants to study key behavioral factors that contribute to teen pregnancy:

- **Research to Practice Center** grantees will synthesize and translate existing research into practice for health promotion activities that will lead to the adoption of behaviors that help reduce teen pregnancy.
- **Pregnancy Prevention Research** grantees will use secondary data analyses to conduct investigations into key teen pregnancy prevention outcomes.
- **Tier 2, Phase 2** grantees will rigorously evaluate promising interventions designed to fill gaps in the current teen pregnancy prevention evidence base.

Evaluation Training and Technical Assistance

OPA's evaluation grantees receive training and technical assistance (TA) to ensure that their evaluations are designed and implemented to meet research quality standards and inform related federal efforts. OPA offers TA through a variety of mechanisms including individual support, group trainings, webinars, and written guidance.

Evaluation and Research Resources

Visit the OPA website for a full list of OPA's past, current, and upcoming evaluation and research activities, including publications, briefs, tip sheets, and webinars: <https://opa.hhs.gov/evaluation-research>



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