



# Summary of Findings from TPP Program Grantees (FY2010-2014)

## EVALUATIONS OF EVIDENCE-BASED PROGRAMS (TIER 1)

GRANTEE AND ANNUAL FUNDING	PROJECT	EVALUATOR	FINDINGS
Youth Opportunities Unlimited, Inc. \$1,014,493	<b>EBI:</b> Aban Aya Youth Project <b>Project Name:</b> Delta D.R.E.E.A.M. Project	Delta Evaluation Consulting, LLC	Report not available
Children's Home and Aid Society of Illinois \$1,443,303	<b>EBI:</b> CAS – Carrera Program	Philliber Research & Evaluation	Multi-year youth development program where youth meet daily, five days a week for several hours. The program uses a long term, holistic approach to empower youth, to help them develop personal goals and the desire for a productive future, in addition to developing their sexual literacy and educating them about the consequences of sexual activity. Immediately after program delivery, youth in the CAS—Carrera Program had similar rates of ever having had sex and having had sexual intercourse without using effective contraception as youth in an alternative after-school program.
Morehouse School of Medicine \$1,500,000	<b>EBI:</b> CAS- Carrera Program	Tressa Tucker Consulting	Youth in 6th and 7th grades attending three-year CAS—Carrera Program were less likely than youth attending Boys & Girls Clubs to report ever having sex after the first year of the program. After the second and third years of the program the rates of ever having sex were similar across groups. In addition, the rates were similar between CAS-Carrera and Boys & Girls Club youth on the outcomes of recently having sex without a condom or other form of birth control after the first, second, and third years of the program, as were the findings by gender.
Community Action Partnership Network of San Luis Obispo County, Inc. (CAPSLO) \$426,507  La Alianza Hispana, Inc \$463,934  Touchstone Behavioral Health \$478,183	<b>EBI:</b> Cuidate	Abt Associates <sup>a</sup>	HIV/AIDs prevention program for small groups with emphasis on Latino cultural values. Six months after the program 8th – 12th graders receiving Cuidate and business as usual programing had similar rates of sexual activity in the prior 90 days and sexual intercourse without a condom in the prior 90 days. Both groups also had similar rates of other related sexual risk behaviors. For youth who had ever been sexually active before the study began, treatment group members were significantly more likely to report having had sexual intercourse in the last 90 days than their control group counterparts. Treatment group members who were White were significantly more likely to report having had oral sex in the prior 90 days and oral sex without a condom in the last 90 days than their control group counterparts. The rates of sexual risk behavior between Hispanic and Black participants were not different than their control group counterparts.

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South Carolina Campaign to Prevent Teen Pregnancy \$1,469,480	<b>EBI:</b> It's Your Game: Keep it Real	ETR	Classroom and computer-based HIV, STI, and pregnancy prevention program for 7th and 8th grade students. After offering It's Your Game ... Keep It Real (IYG) for two years, the study found that students receiving IYG had similar rates of sexual initiation relative to the standard educational program, at the end of 8th grade for youth who had never had vaginal sex before the program began. In addition, the study found rates of recent vaginal sex and recent vaginal sex without effective birth control at the end of 9th grade to be similar between both groups. By 9th grade, there was a higher proportion of youth offered the IYG program who had initiated sex than youth in the standard educational program.
The University of Texas Health Science Center at Houston \$3,000,000	<b>EBI:</b> It's Your Game: Keep it Real	ETR	Classroom and computer-based HIV, STI, and pregnancy prevention program for 7th and 8th grade students. There were no differences observed in this evaluation of the It's Your Game...Keep It Real (IYG) program, implemented for two years relative to a standard school health curriculum in rates of vaginal or oral sex initiation rates by the end of 9th grade.
Program Reach, Inc. \$1,209,010	<b>EBI:</b> PHAT! – Abstinence-Only Intervention	Seton Hall University	Abstinence-only pregnancy and STI prevention intervention. The program is designed to (1) increase STI/HIV knowledge; (2) strengthen behavioral beliefs supporting abstinence; and (3) develop the skills necessary to negotiate abstinence and resist the pressure to have sex. The study, focused on students in grades 6 and 7, found similar reported rates of sexual initiation 3, 6, and 12 months after the end of the intervention, relative to an eight-hour general health intervention.
Better Family Life \$998,500  San Diego Youth Services \$1,289,263  Youth and Family Alliance, dba LifeWorks \$585,000	<b>EBI:</b> Reducing the Risk	Abt Associates <sup>a</sup>	Sexual health and risk prevention curriculum delivered to groups in schools or community settings. Twelve months after the program, 8 <sup>th</sup> – 12 <sup>th</sup> graders receiving Reducing the Risk (RtR) relative to business as usual, had similar rates of sexual activity in the prior 90 days and sexual intercourse without a condom in the prior 90 days. However, in one site, youth who received the program were less likely than their control group counterparts to have engaged in sexual intercourse in the 90 days prior to the survey.
County of Knox dba Knox County Health Department \$602,846  Hennepin, County of \$3,287,453  Planned Parenthood of Greater Orlando \$477,790	<b>EBI:</b> Safer Sex	Abt Associates <sup>a</sup>	Clinic-based HIV/AIDS prevention program for high-risk females – young women who were sexually active or planning to become sexually active who presented at health clinics. Nine months after the program, women receiving Safer Sex and usual clinic services had similar rates of sexual activity in the prior 90 days and sexual intercourse without a condom in the prior 90 days. However, youth who received the program were less likely than their control group counterparts to have had sexual intercourse without birth control (includes condoms and other methods) in the prior 90 days. In addition, participants who were sexually inexperienced when they started the program were less likely to report engaging in sexual activity than their similarly sexually inexperienced counterparts in the control group. Older youth in the program (age 18 and older) were less likely than their control group counterparts to engage in oral sex without a condom.

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Carnegie Mellon University \$1,480,578	<b>EBI:</b> Seventeen Days <b>Project Name:</b> Teen Video Study	University of Pittsburgh, Office of Child Development	Theory-based interactive video intervention designed to educate young women about contraception and sexually transmitted diseases (STDs). Adolescent girls ages 14 to 19 attending health clinics who received Seventeen Days, reported similar rates of safe sex behavior (abstinence or no reports of unprotected vaginal sex) three and six months after the health clinic visit relative to a group offered a video on safe driving. In addition, the study also found similar rates of pregnancy and sexually transmitted infection between the two groups six months after the program.
Florida Department of Health \$3,565,351	<b>EBI:</b> Teen Outreach Program®	University of South Florida	Group-based youth development program that includes a minimum of 25 curriculum sessions and 20 hours of community service learning. A crucial part of TOP® is the development of supportive relationships with adult facilitators as are relationships with other peers in the program. Immediately after the 9-month program, high school youth in TOP were less likely to report ever having had sexual intercourse and were less likely to report ever being pregnant or causing a pregnancy than youth receiving the standard health or physical education curriculum. Ten months after the end of the program, these effects diminished, and there were no longer any differences between the TOP youth and youth in the standard program in reported rates of ever having sexual intercourse or ever being pregnant or causing a pregnancy.
Hennepin, County of \$3,287,453	<b>EBI:</b> Teen Outreach Program® <b>Project Name:</b> It's Your Future (IYF)	Abt Associates	Group-based youth development program that includes a minimum of 25 curriculum sessions and 20 hours of community service learning. A crucial part of TOP® is the development of supportive relationships with adult facilitators as are relationships with other peers in the program. Youth aged 12 to 16 offered the TOP did not change their sexual behavior relative to youth receiving a standard school curriculum, on recent sexual activity, recent unprotected sex, or initiation of sexual activity 3 months or 15 months after the program ended.
Louisiana DHH Office of Public Health \$2,200,000	<b>EBI:</b> Teen Outreach Program®	Louisiana DHH Office of Public Health	Group-based youth development program that includes a minimum of 25 curriculum sessions and 20 hours of community service learning. A crucial part of TOP® is the development of supportive relationships with adult facilitators as are relationships with other peers in the program. Following completion of the 9-month long program, youth ages 12 to 17 who were offered TOP after school at community based-organizations reported similar rates of sexual activity, sexual activity without effective birth control, and pregnancy rates as youth offered no programming, both immediately following the program, as well as 12 months following the completion of the program.

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Planned Parenthood of the Great Northwest \$4,000,000	<b>EBI:</b> Teen Outreach Program®	Philliber Research & Evaluation	Group-based youth development program that includes a minimum of 25 curriculum sessions and 20 hours of community service learning. A crucial part of TOP® is the development of supportive relationships with adult facilitators as are relationships with other peers in the program. After offering the program over nine months to middle and high school students during or after school, TOP youth were as likely as youth offered a four-hour alternative program, to report causing a pregnancy or becoming pregnant, having sexual intercourse, or having recent sexual intercourse without an effective method of birth control both immediately following the conclusion of the program, as well as in an assessment occurring 12 months later. However, TOP® affected males and females in the study differently. Immediately after the program, TOP males reported lower rates of causing pregnancies than males receiving the alternative program, whereas TOP females reported becoming pregnant at a higher rate than females receiving the alternative program.
Chicago Public Schools, District #299 \$3,943,607	<b>EBI:</b> Teen Outreach Program® <b>Project Name:</b> Chicago Teenage Pregnancy Prevention Initiative	Chapin Hall at the University of Chicago	Group-based youth development program that includes a minimum of 25 curriculum sessions and 20 hours of community service learning. A crucial part of TOP® is the development of supportive relationships with adult facilitators as are relationships with other peers in the program. After offering the nine-month TOP in 9th-grade health classes, the study found TOP youth were just as likely as youth receiving the standard health curriculum, to have sex and to have sex without a condom in the prior three months.
City of Rochester \$1,499,705	<b>EBI:</b> Teen Outreach Program® <b>Project Name:</b> T.H.R.I.V.E. (Teens Helping to Reinvent Integrity, Values and Empowerment)	University of Rochester Medical Center	Group-based youth development program that includes a minimum of 25 curriculum sessions and 20 hours of community service learning. A crucial part of TOP® is the development of supportive relationships with adult facilitators as are relationships with other peers in the program. Immediately after offering the nine-month TOP in recreation centers to youth ages 11 to 14, the study found no significant differences on rates of ever having sex, intentions about having sex, or intentions to use condoms or birth control relative to a work readiness program.
The Women's Clinic of Kansas City \$1,045,158	<b>EBI:</b> Teen Outreach Program®	Philliber Research & Evaluation	Group-based youth development program that includes a minimum of 25 curriculum sessions and 20 hours of community service learning. A crucial part of TOP® is the development of supportive relationships with adult facilitators as are relationships with other peers in the program. At the one-year follow-up, 7 <sup>th</sup> - to 9 <sup>th</sup> -grade students receiving the nine month TOP were equally likely as youth receiving the standard school curriculum to report ever having sexual intercourse or having recent sex without using an effective method of birth control.

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Louisiana Public Health Institute \$1,397,752 <sup>b</sup>	<b>EBIs:</b> BART <b>Project Name:</b> 4 Real Health	The Policy & Research Group	HIV prevention program that helps teens learn to clarify their own values about sexual decisions and pressures, as well as practice skills to reduce sexual risk taking. The offer of Becoming a Responsible Teen (BART) to youth ages 14 to 18 did not change inconsistency of condom use during any sex or frequency of sex six months after the program ended, relative to a general health program.
Louisiana Public Health Institute \$1,397,752 <sup>b</sup>	<b>EBIs:</b> Safer Sex <b>Project Name:</b> 4 Real Health	The Policy & Research Group	Clinic-based HIV/AIDs prevention program for high-risk females – 14-19 year old females who have had sexual intercourse with a male 3 months prior to their enrollment. The offer of the four-session, clinic-based intervention did not change women’s inconsistency of condom or contraceptive use during sex or frequency of sex six months after the program ended, relative to a one-session, information-only sex education program.

EBI = Evidence-Based Intervention.

<sup>a</sup>Contractor for the Federal TPP Replication Study.

<sup>b</sup>Funding provided for the evaluation of two EBIs.