



OAH TEEN PREGNANCY PREVENTION PROGRAM: SPOTLIGHTING SUCCESS

Trinity Church: *Plan Be*___ Project

In July 2015, the HHS Office of Adolescent Health (OAH) awarded 84 Teen Pregnancy Prevention (TPP) Program grants, which are expected to reach 1.2 million youth over the course of the five-year project. Some of the grantee organizations, including Trinity Church, had been previously funded by OAH and are now building on earlier successes by expanding efforts to reach more youth in more settings with evidence-based programs. With the 2015 grant from OAH, Trinity Church established a partnership with Fit Kids, Inc., Gang Alternatives, and Opa-Locka Community Development Corporation to form the *Plan Be*___ project.



Trinity Church's *Plan Be*___ project began in 2010 with funding from OAH. During the initial project they implemented evidence-based teen pregnancy prevention programming in nine zip codes in Miami-Dade County, reaching 5,337 youth over five years. Trinity Church expanded their work with additional funding in 2015, and will reach almost six times the number of youth in Miami-Dade County, FL by 2020.

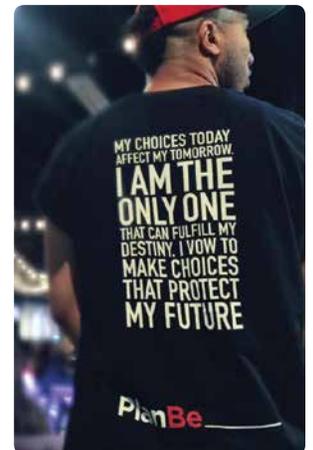
- In 2015, Trinity Church was awarded a \$7.2 million, five-year grant from the HHS Office of Adolescent Health (OAH) Teen Pregnancy Prevention (TPP) Program for the *Plan Be*___ project—a partnership between Trinity Church, Fit Kids, Inc., Gang Alternatives, and Opa-Locka Community Development Corporation.
- *Plan Be*___ will reach 27,000 youth age 11-19 in 20 zip codes throughout Miami-Dade County, FL by 2020.
- *Plan Be*___ is implementing three evidence-based teen pregnancy prevention programs: *Love Notes*, *Making Proud Choices!*, and *Reducing the Risk*.
- Youth are being served in a variety of locations, including a community based organization serving pregnant and parenting youth, foster care sites, juvenile detention facilities, high schools, and middle schools.



The success of the program starts with the team. The *Plan Be*___ team shows their enthusiasm and support for helping make Miami teens #FutureReady.



*Plan Be*___ invites young people to “fill in the blank” about what their future holds.



The *Plan Be*___ team and students proudly wear their #FutureReady declaration.



PlanBe__ students and leaders dive into the curriculum through role-playing games and other activities. This approach keeps students more engaged with the content.

Over 12 bus loads of teens come from all over Miami to experience interactive, fun, highly educational and relevant PlanBe__ events.

The #FutureReady campaign is about inspiring teens to consider their futures so they make better decisions today. The message counters the popular “live for today” and “You Only Live Once (YOLO)” mindset that many teens have adopted.

About Plan Be__

Plan Be__ is a successful teen pregnancy prevention project reaching youth through partnerships with local schools and community partners. The project is designed to help youth in underserved communities (communities with high levels of poverty, unemployment, crime, and low graduation rates) and those disparately impacted by teen pregnancy like youth in foster care and juvenile justice settings. Using evidence-based teen pregnancy prevention curricula, *Plan Be__* educates youth about the many risks associated with engaging in sexual activity; connects youth with health care services; and mobilizes the community to support teen pregnancy prevention efforts.

Plan Be__ is about empowering youth to be informed, safe, protected, bold, and different. The blank line in the project name is a call to action for teens to redirect their focus from risky sexual activity to positive activities that will enrich their lives and ultimately help to shape their futures. The project’s primary focus is helping teens plan for their futures by understanding what constitutes a healthy relationship.

By 2020, *Plan Be__* expects to see positive results in the community they serve including reduced rates and disparities in the following outcomes:

- Teen pregnancies;
- Teen births;
- Sexually transmitted infections.

Why it Matters

The OAH TPP Program and the *Plan Be__* project are important investments in reducing the rates of teen pregnancy in this country. The *Plan Be__* project:

- **Reaches the hard to reach.** *Plan Be__* provides youth in underserved areas with guidance on how to make healthy choices to reach their highest potential. The project will serve youth in foster care and juvenile detention, two populations overburdened by teen pregnancy.
- **Addresses the most critical need in Miami-Dade County.** The number of girls age 15-19 in the 20 zip codes served by *Plan Be__* only account for 24% of girls in the county, yet they account for more than half of the teen births in the county.
- **Plans to expand their reach more than five-fold.** From 2010 to 2015, Trinity Church was able to reach just over 5,000 youth. With new OAH funding in mid-2015, they anticipate reaching 27,000 youth in the next five years.

Plan Be__ By the Numbers

- National Teen Birth Rate (2015): 22 per 1,000 females age 15-19;
- Florida Teen Birth Rate (2015): 20.3 per 1,000 females age 15-19;
- Miami-Dade County Teen Birth Rate (2015): 15.3 per 1,000 females age 15-19;
- Combined Target Zip Codes Teen Birth Rate (2015, provisional): 34.6 per 1,000 females age 15-19.

Grantee Contact Information:

Crystal Agnew

Project Director

786-374-5370

rcagnew@gmail.com

<http://www.planbemiami.org>

About the Office of Adolescent Health TPP Program

The OAH [Teen Pregnancy Prevention Program](#) is a national, evidence-based program that funds diverse organizations working to prevent teen pregnancy across the United States. OAH invests in the implementation of programs identified as evidence-based by the HHS Teen Pregnancy Prevention Evidence Review, and provides funding to develop and evaluate new and innovative approaches to prevent teen pregnancy.