

PrEP in Family Planning Programs: A New Decision-Making Tool on PrEP for HIV Prevention

Women and HIV

19%

Women accounted for approximately 19% of new HIV infections in the U.S. in 2017; 75% of the women were African-American or Hispanic/Latina.

68%

Approximately 176,670 U.S. women are potential candidates for PrEP, accounting for 68% of heterosexual adults in the U.S. with PrEP indications.

5%

Of the 78,360 PrEP users in 2016, only 4.7% were female.

Sources: CDC, 2019; Huang YA et al, 2018; Smith DK et al., 2018

To view the full Decision-Making Guide for the Provision of PrEP Services, visit:

<https://www.hhs.gov/opa/reproductive-health/hiv-and-staying-healthy/>

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Pre-exposure prophylaxis (PrEP) is a safe and highly effective HIV prevention strategy.

- Awareness and uptake of PrEP among women has been limited, especially among African-American and Hispanic/Latina women who are disproportionately affected by HIV.
- Barriers to PrEP uptake among women include lack of awareness, stigma associated with HIV, reluctance to discuss risk behaviors with providers to avoid judgment, and cost of PrEP.

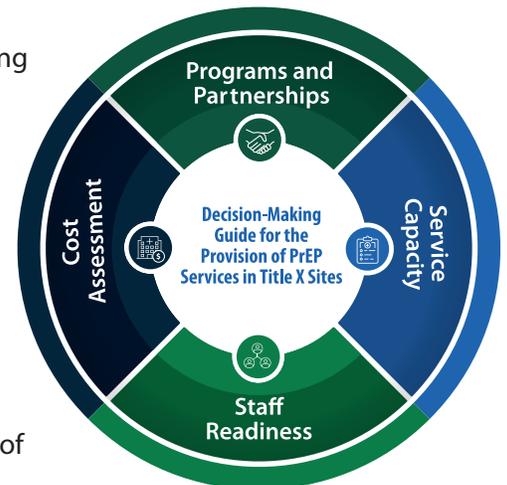


Family planning providers have extensive experience providing HIV and sexual health education, counseling and prevention services and are exceptionally qualified to address gaps in PrEP awareness and uptake. Women also say that they prefer to learn about PrEP and access PrEP services from family planning providers.

The Decision-Making Guide for the Provision of PrEP Services helps Title X funded family planning service sites make evidence-informed decisions about their role in assuring access to PrEP services in their communities.

The guide highlights four key decision-making factors for PrEP service provision:

- **PrEP Programs and Partnerships:** Assessing existing programs and organizational partners in the service area.
- **Service Capacity:** Examining capacity for offering PrEP services based on the site's unique structural and functional qualities.
- **Staff Readiness:** Identifying and understanding the level of readiness among leadership, clinicians, and staff.
- **Cost Assessment:** Understanding the cost of PrEP services for the client and the site.



The Decision-Making Guide also features an organizational assessment tool that suggests three tiers of PrEP service provision to help Title X sites determine the appropriate level of PrEP service provision for their site.

PrEP Counseling, Risk Assessment, and Referral Services

PrEP Counseling, Risk Assessment, Prescription Services and Referrals for Follow-Up Services

Full Range of PrEP Services On Site

The HHS Office of Population Affairs published the Decision-Making Guide for the Provision of PrEP Services to help Title X sites make evidence-informed decisions about their role in assuring access to PrEP services in their communities. While this resource was developed to inform PrEP decision-making in Title X-funded agencies, the guide may also be applicable for other settings where family planning services are offered.

